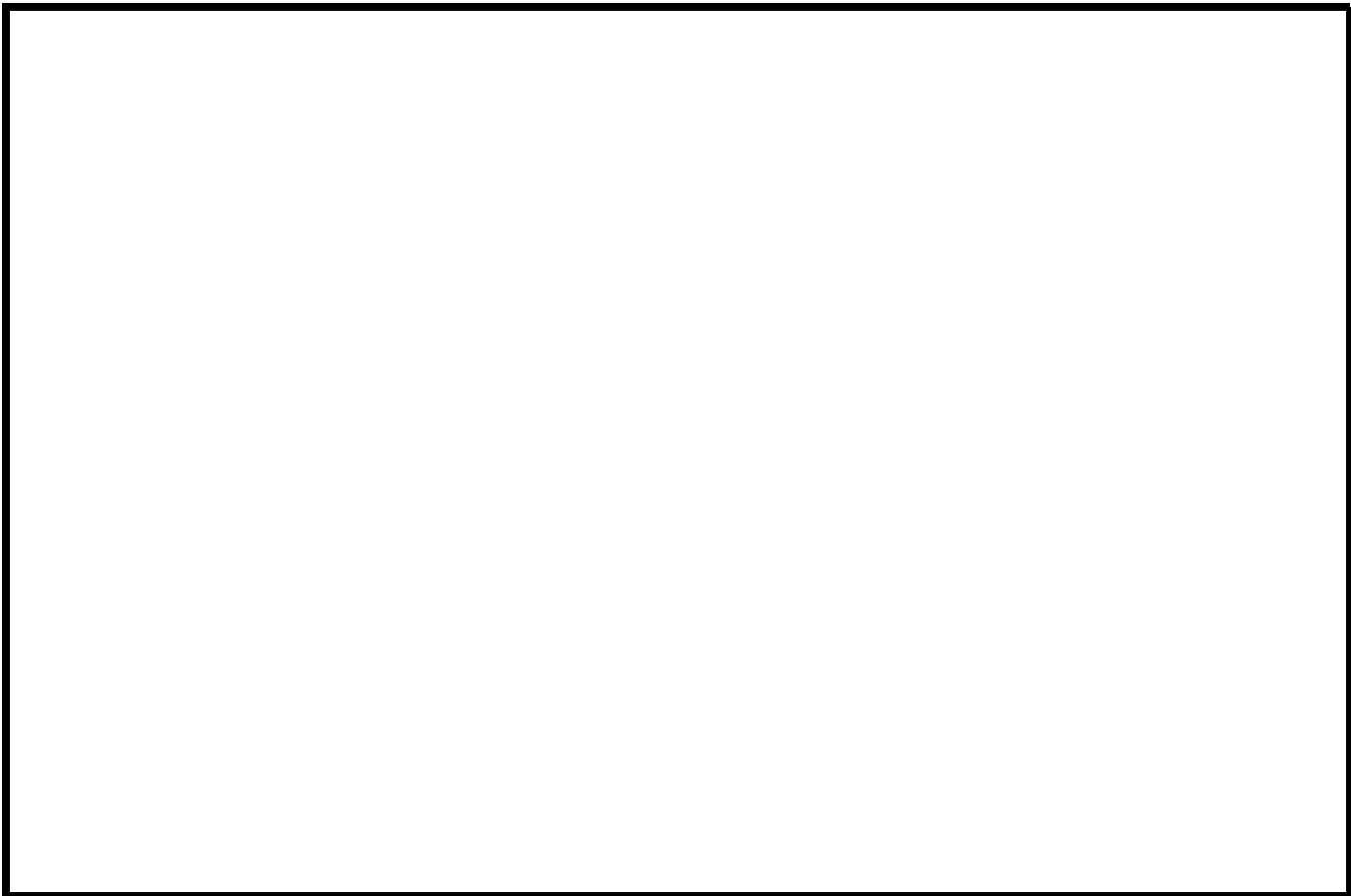


**Kindness  
begins  
with me.**





Reciprocity: Rewarding kind actions.

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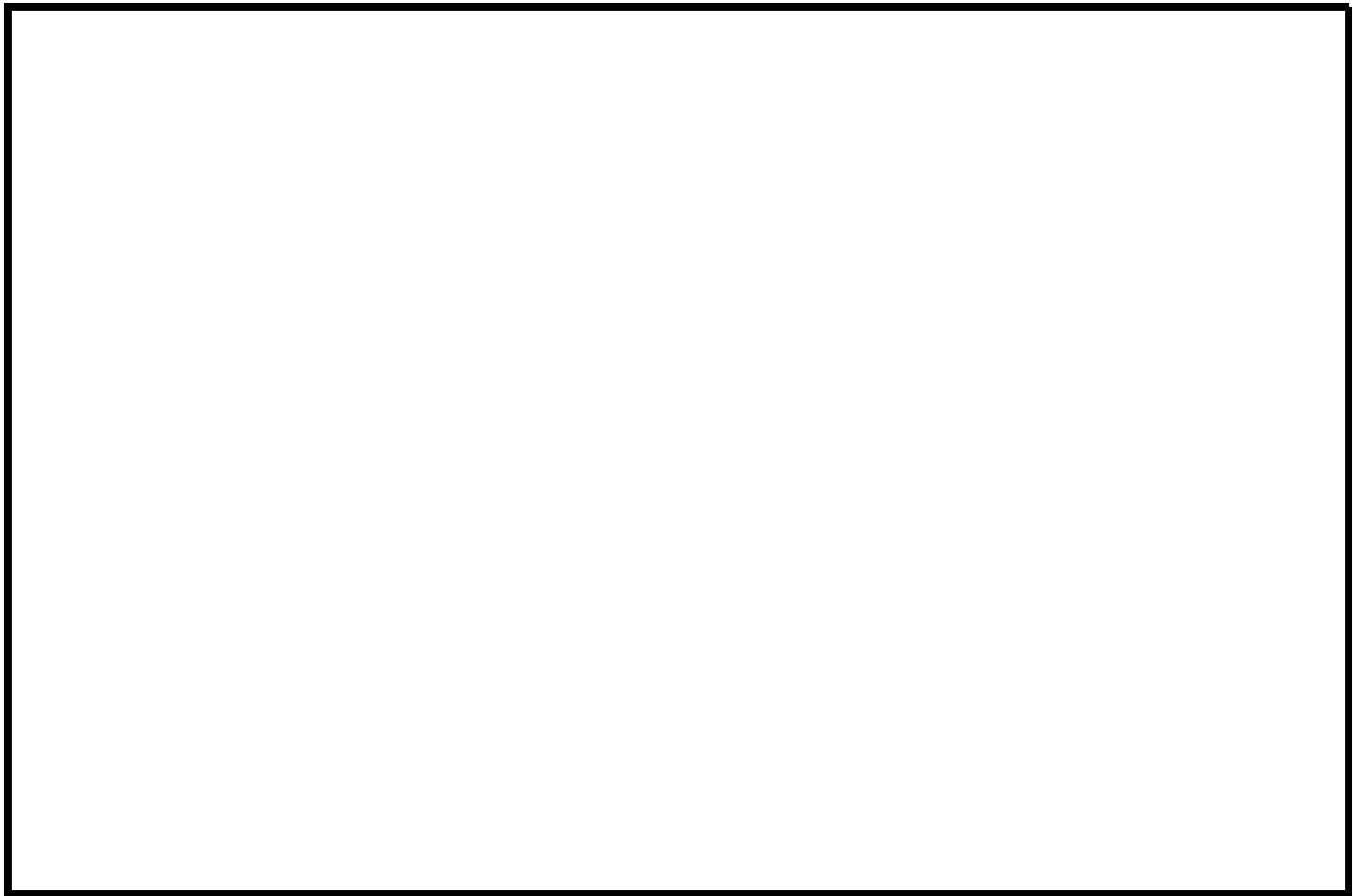
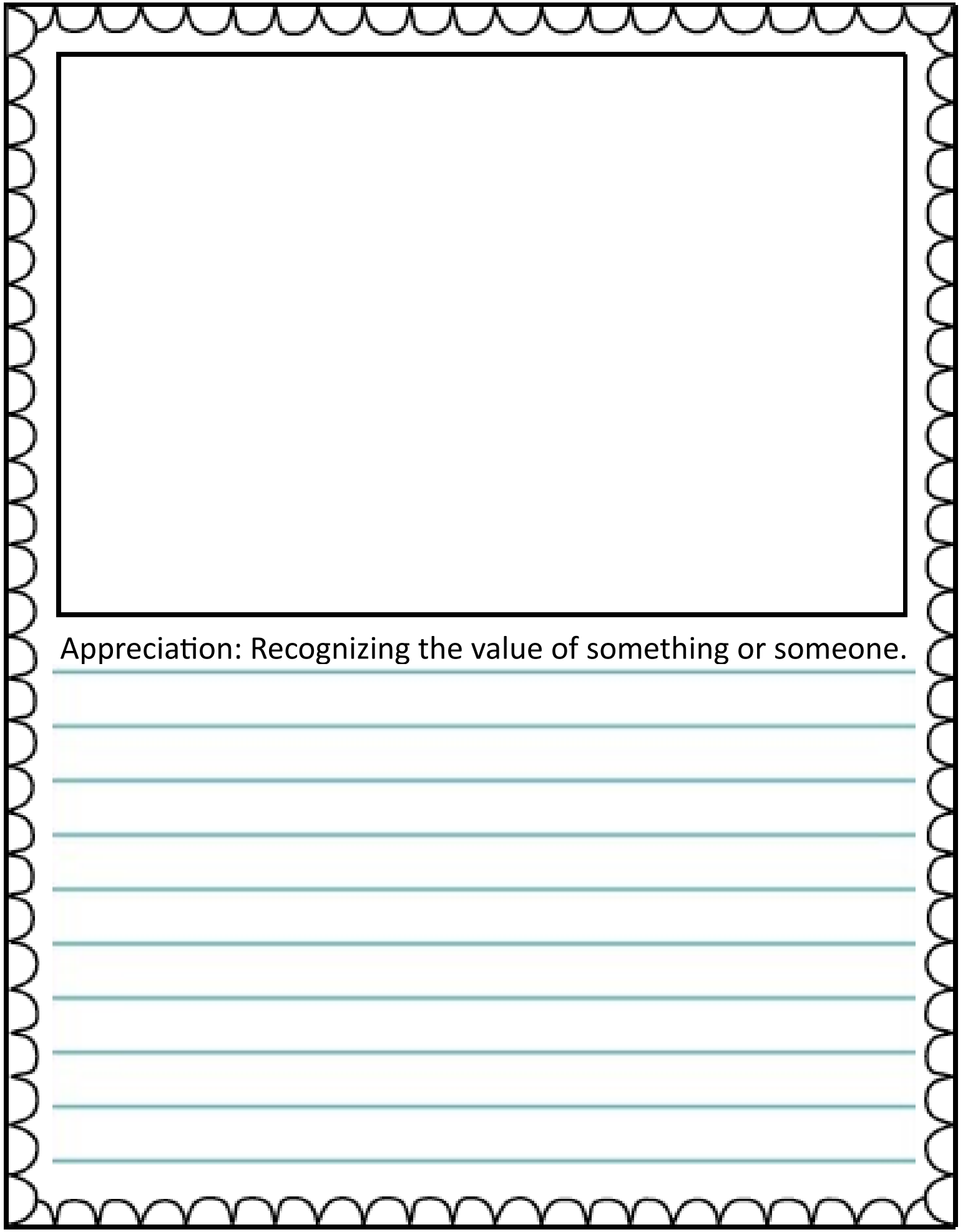
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Appreciation: Recognizing the value of something or someone.

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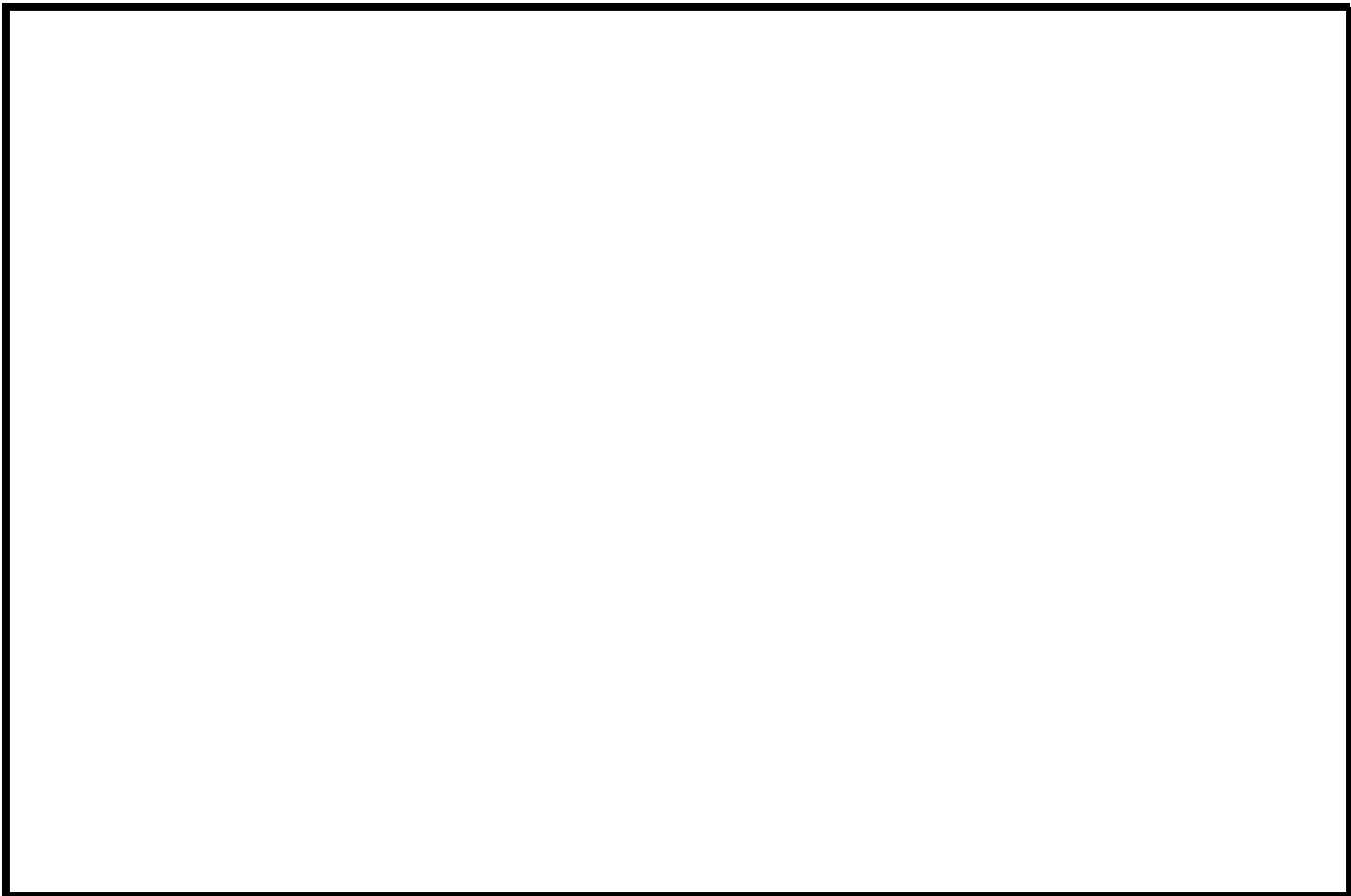
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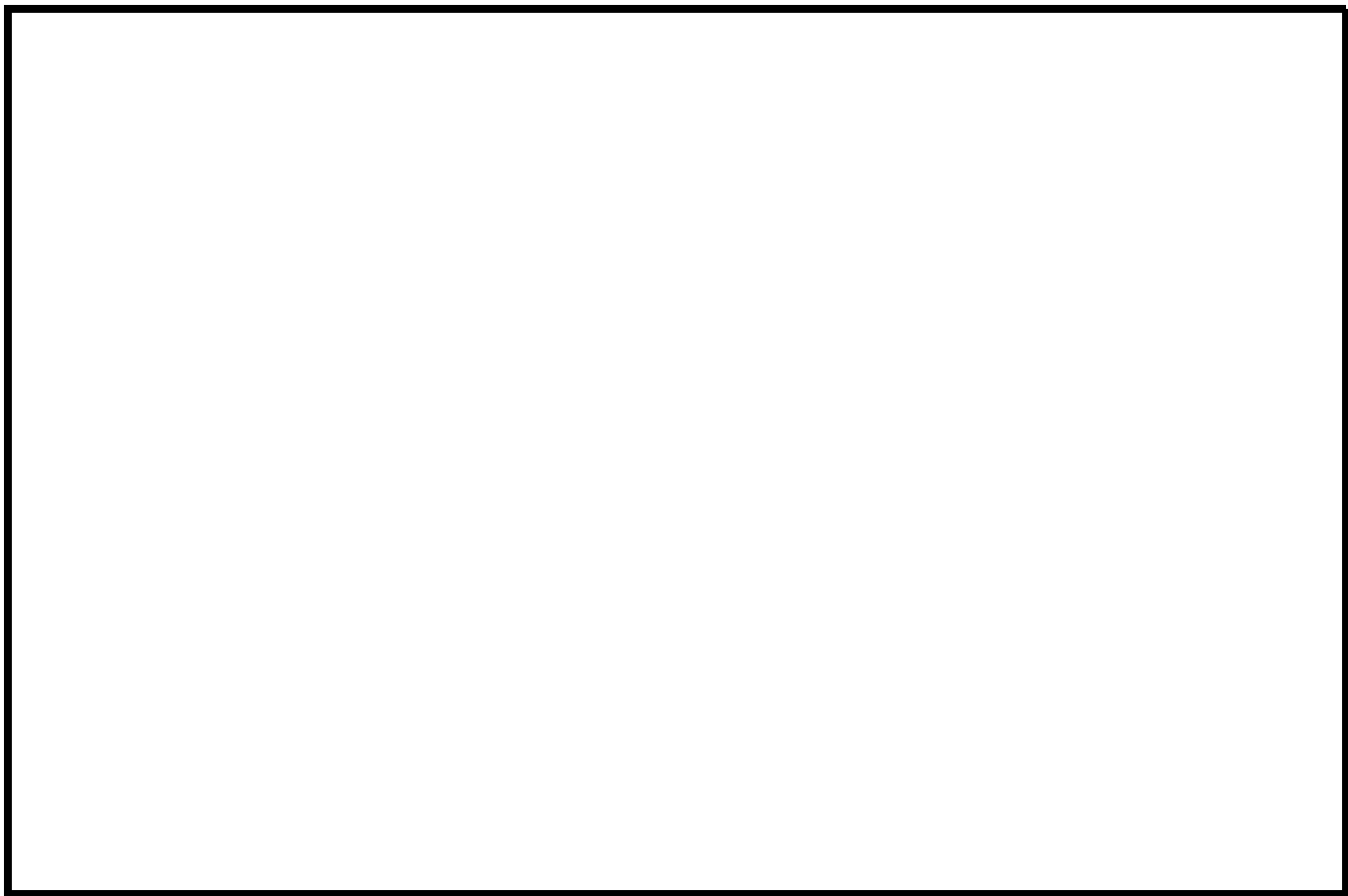
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Leadership: The art of motivating others into action.

A series of ten horizontal teal lines for writing, located below the definition of leadership.



Modesty: Not being overly proud or boastful about yourself.

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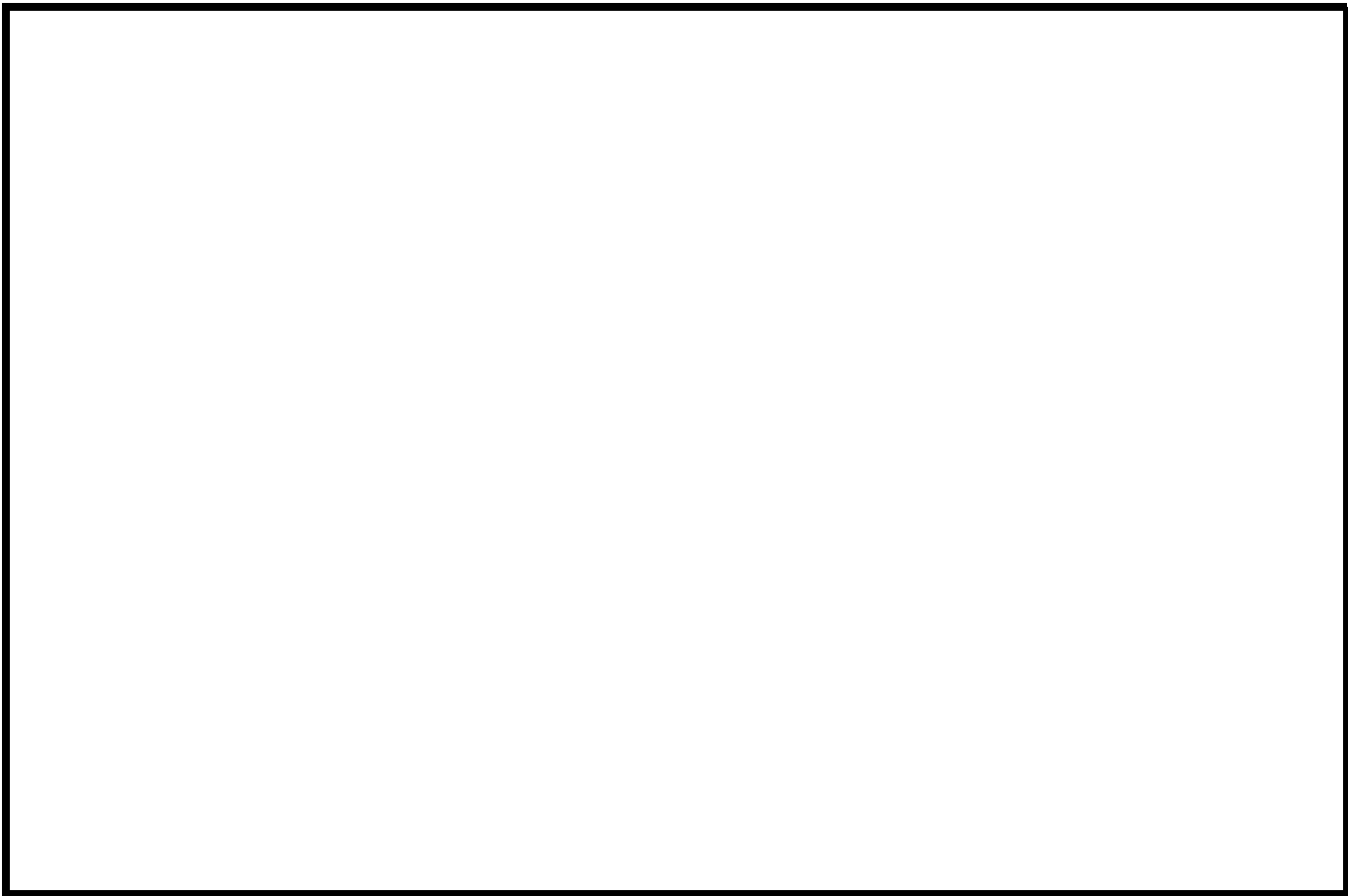
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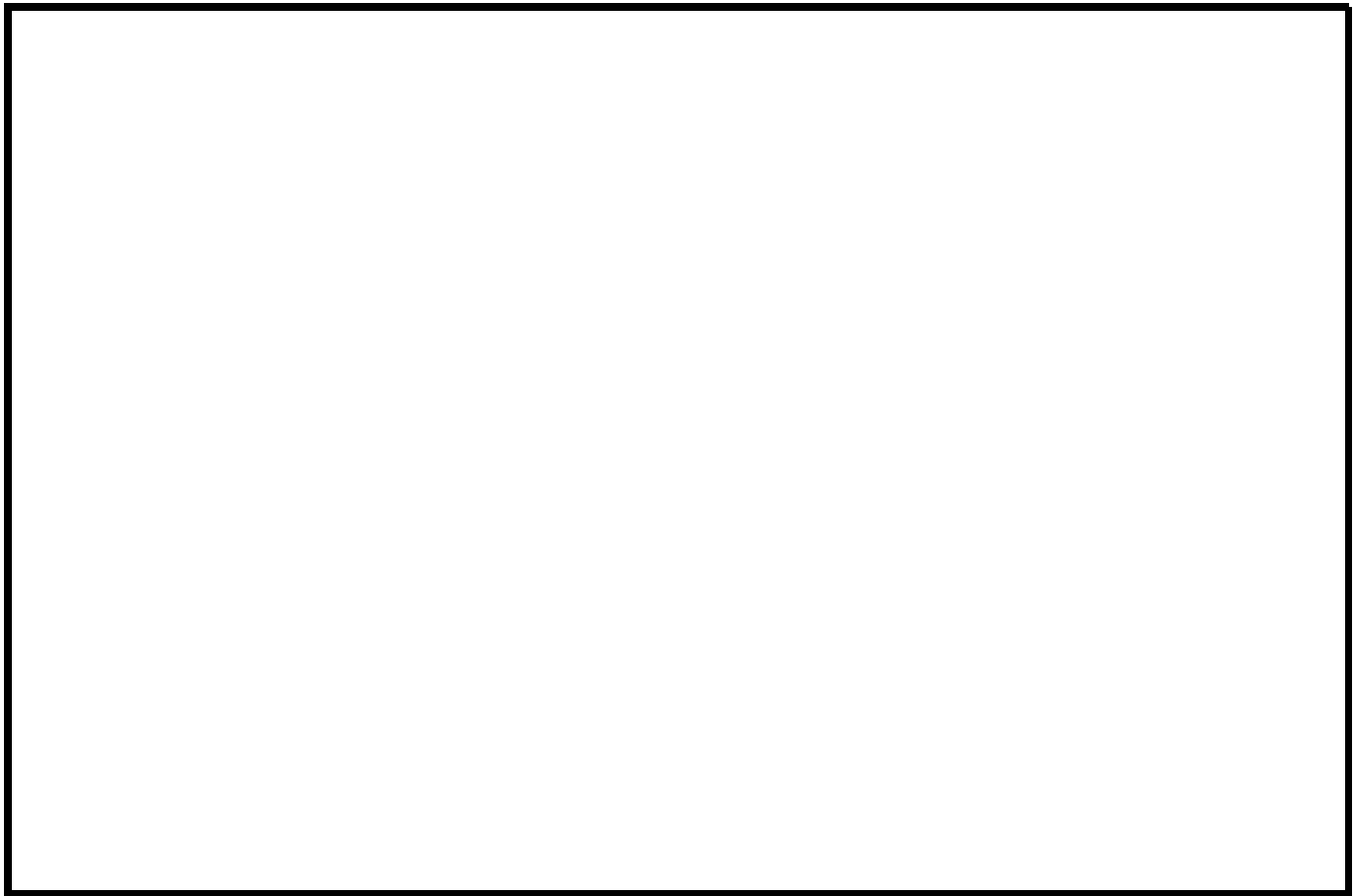
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Purpose: What you do for other people that makes you unique.

Handwriting practice lines consisting of ten horizontal teal lines.



Altruism: Putting the happiness and well-being of others before your own.

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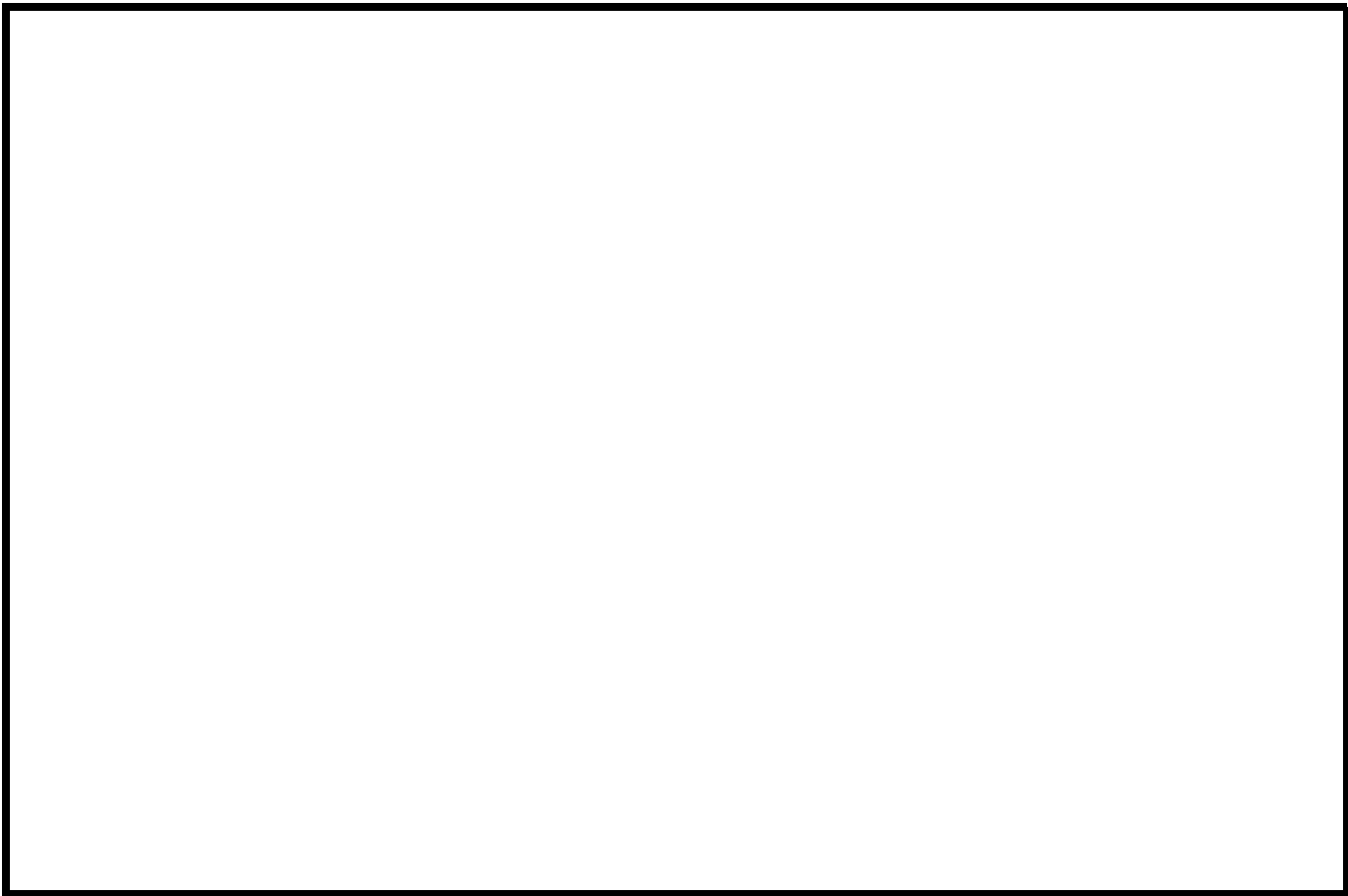
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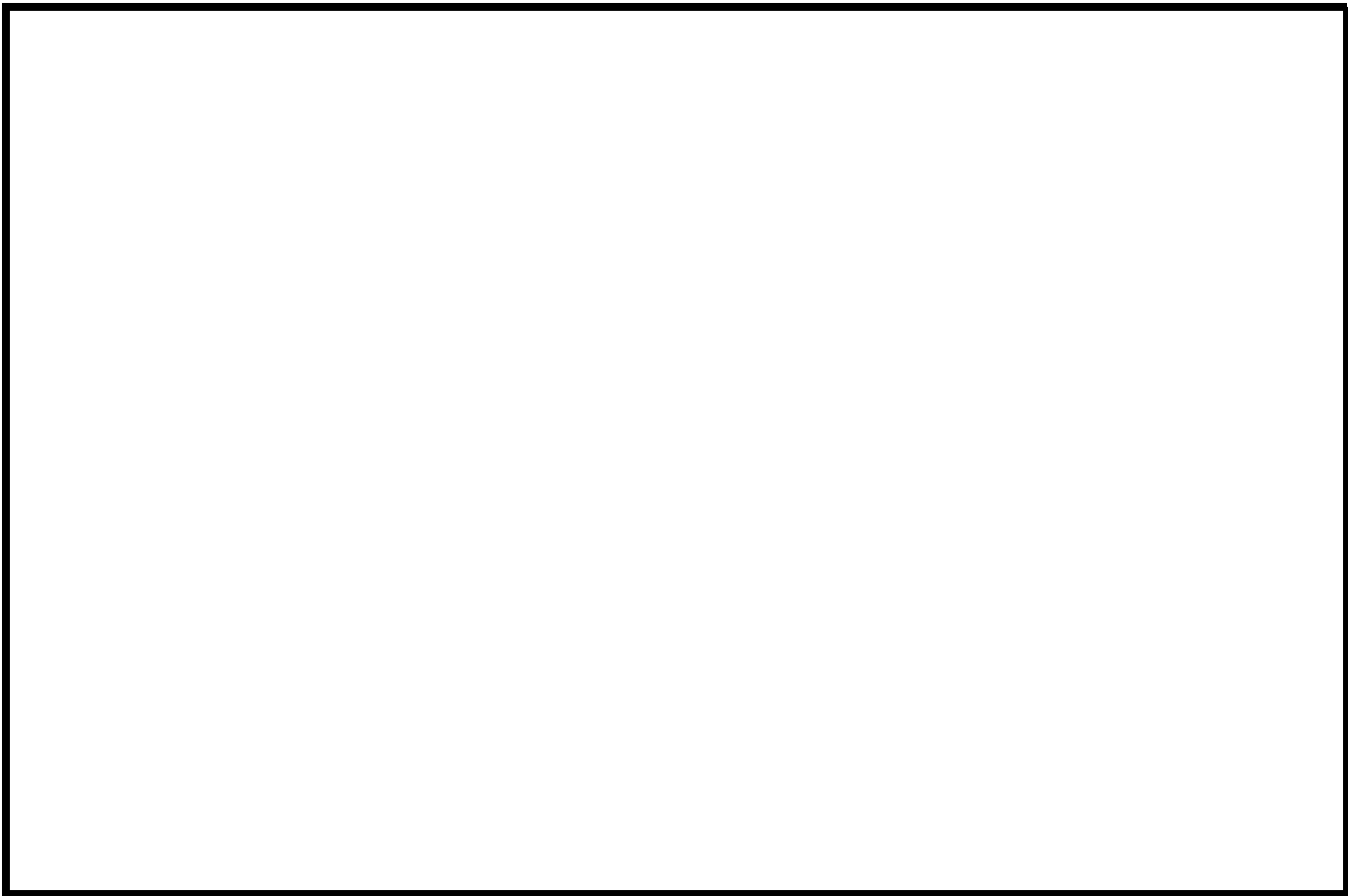
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Wonder: The feeling of surprise or admiration.

Handwriting practice lines consisting of ten horizontal teal lines.





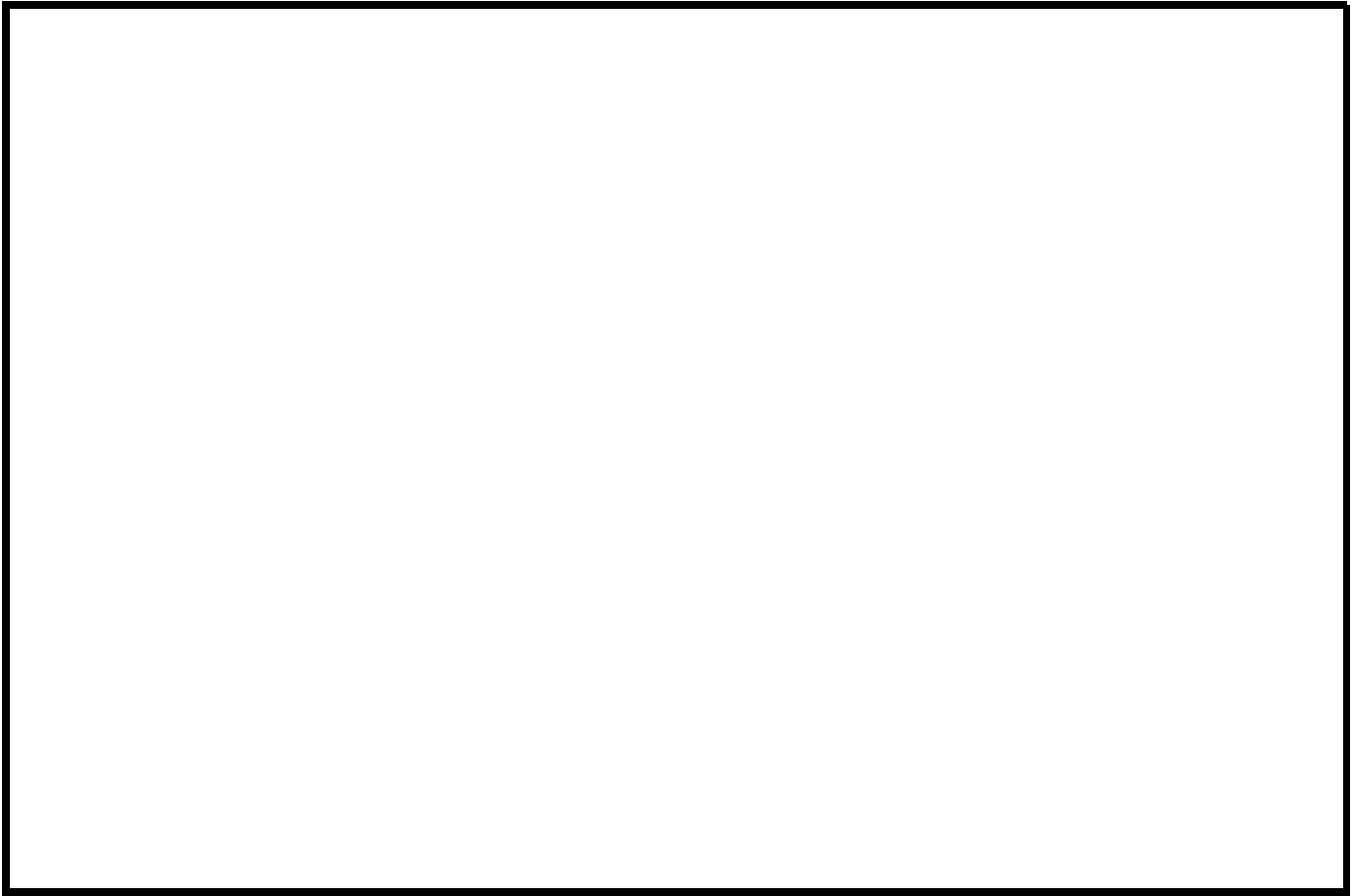
Courage: Being brave

Handwriting practice lines consisting of ten horizontal teal lines.



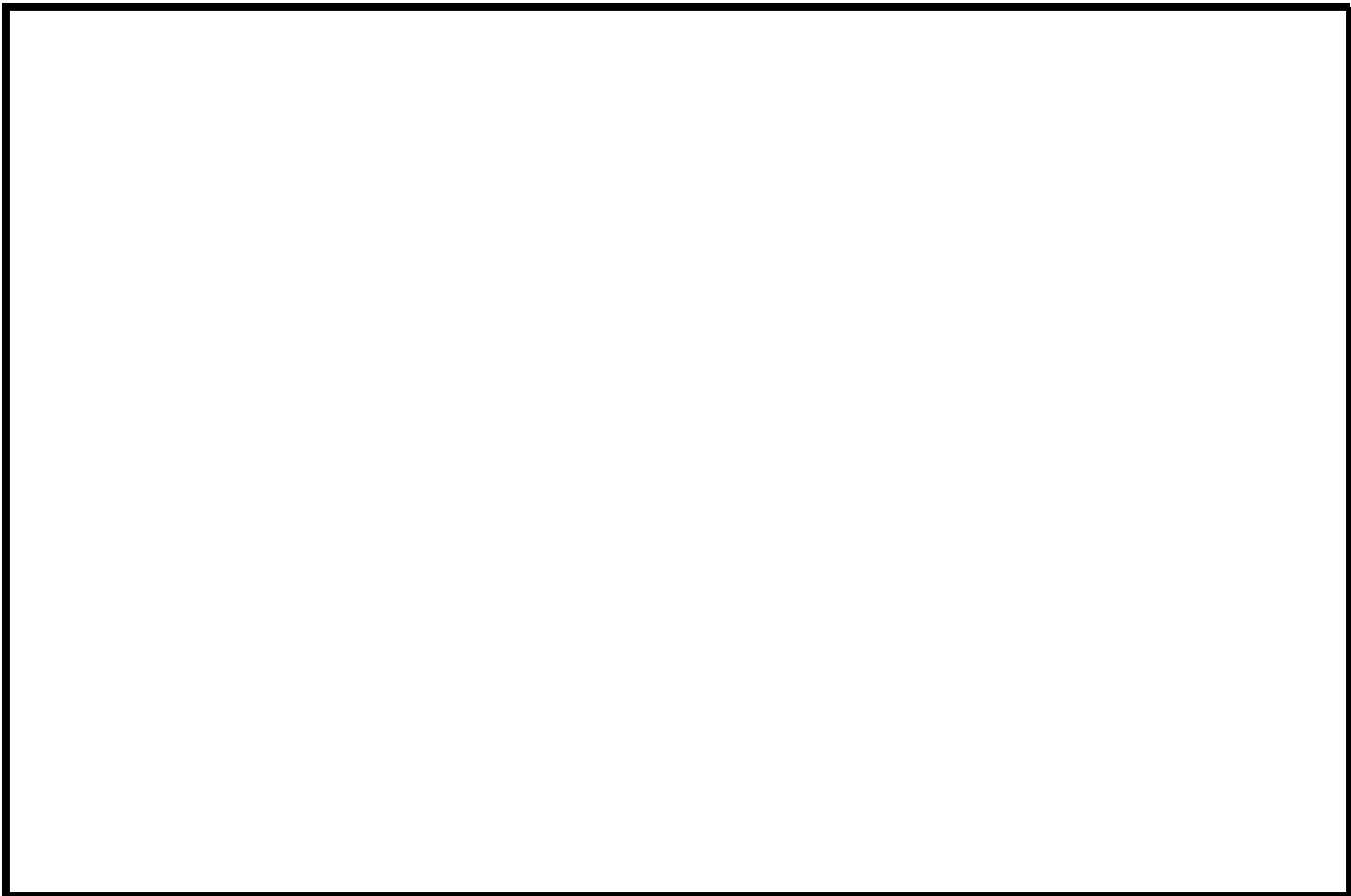
Stick-To-Itiveness: The quality of staying committed to a certain task.

A series of ten horizontal teal lines for writing.



Thankfulness: A friendly feeling in response to another person's actions.

Handwriting practice lines consisting of ten horizontal teal lines, providing space for writing.



Generosity: The willingness to help someone.

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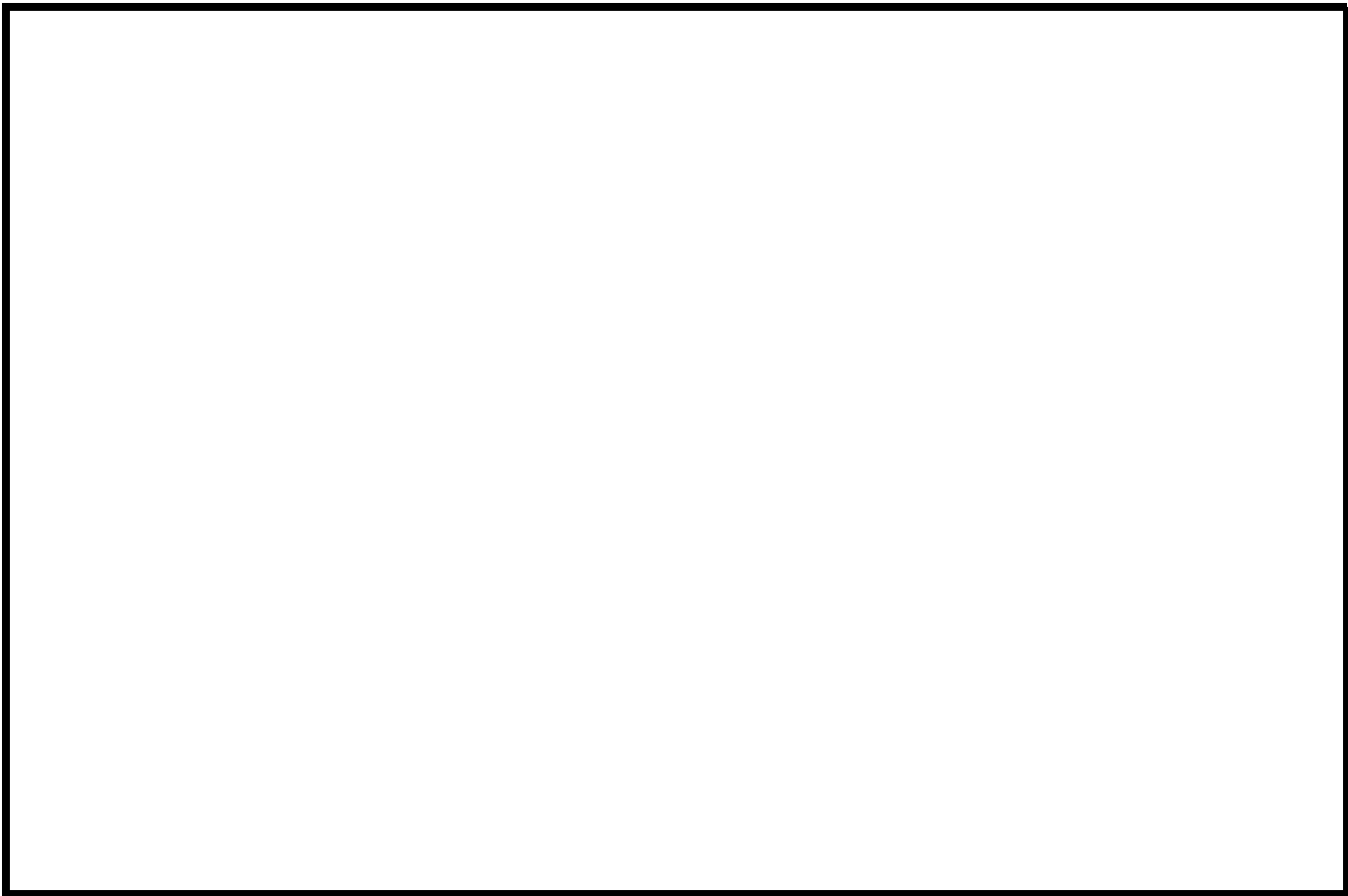
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Motivation: What powers people to achieve a goal.

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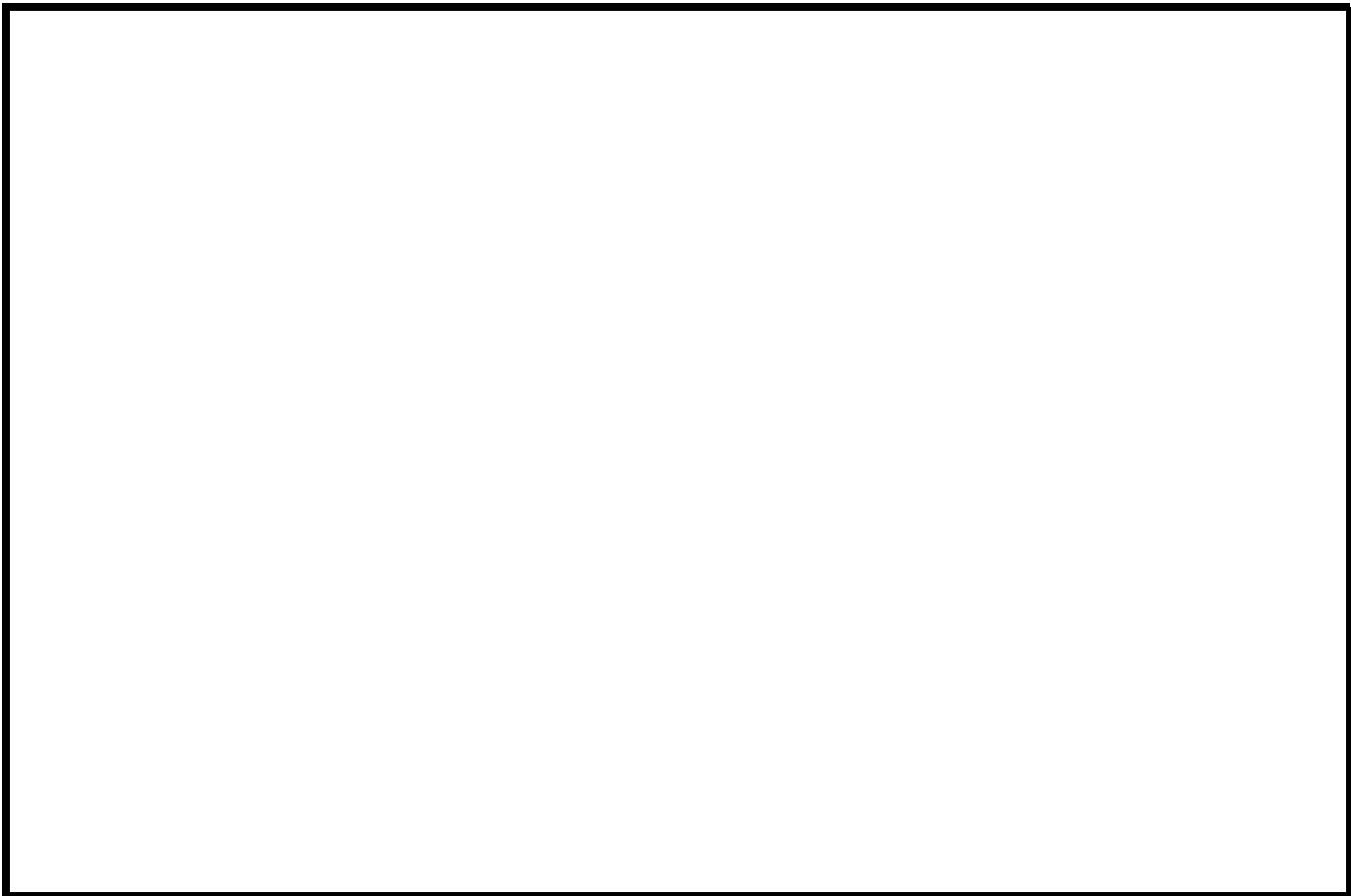
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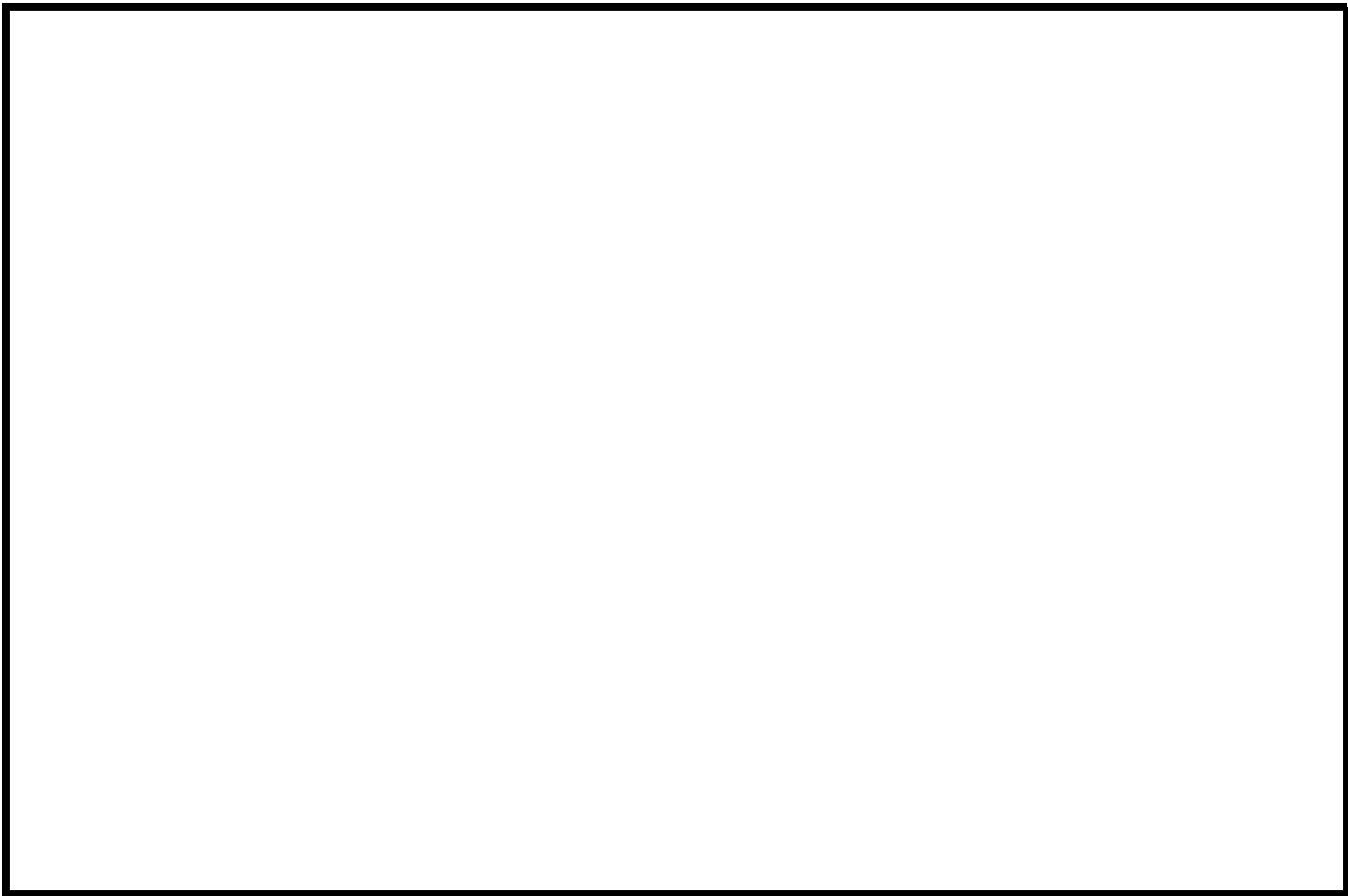
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Vision: The power to see into the future.

A series of ten horizontal teal lines for writing, positioned below the definition of vision.



Humanity: The moral thread that binds all humans together.

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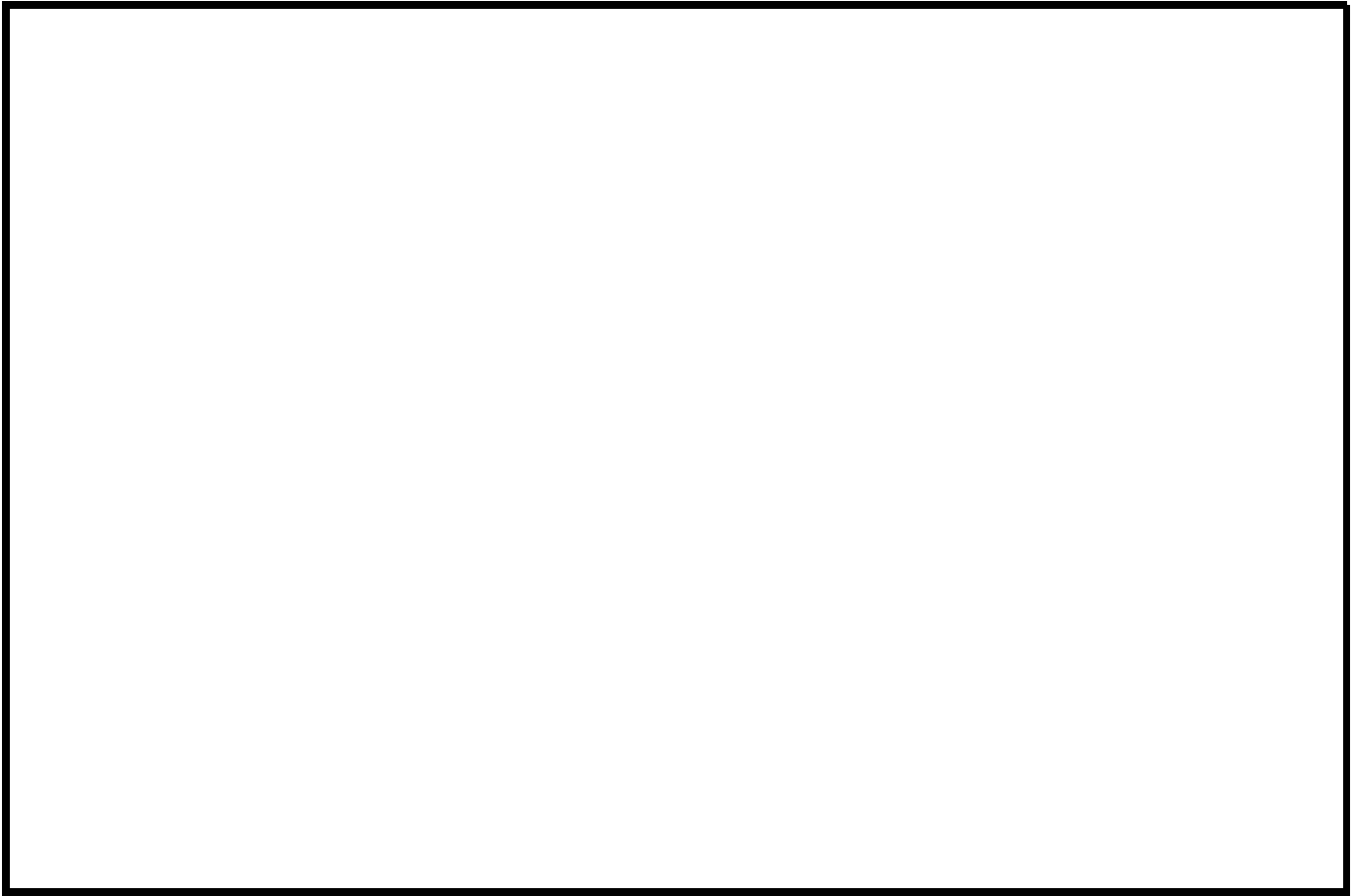
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Comfort: To make someone feel better when they are sad and worried.

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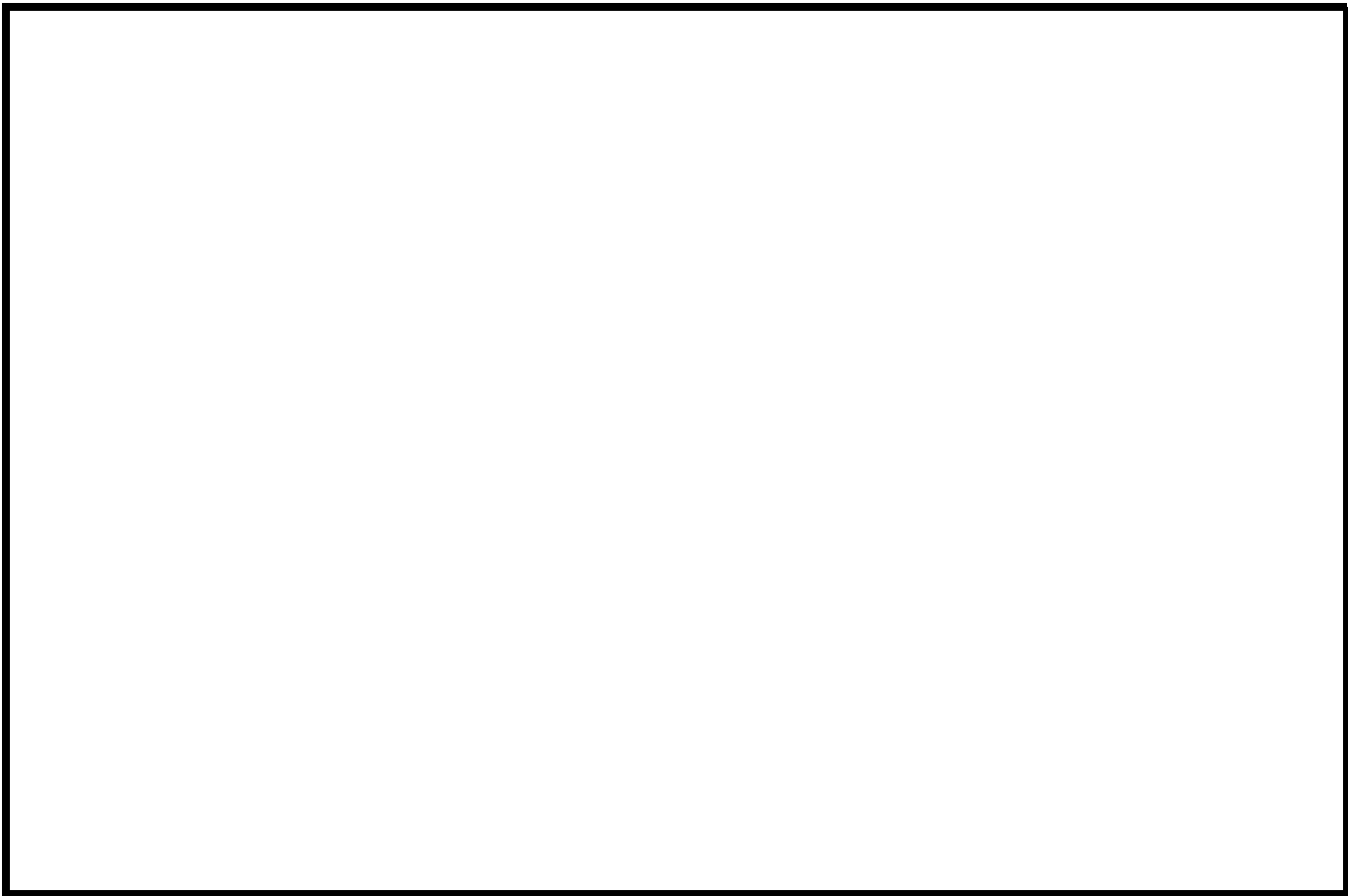
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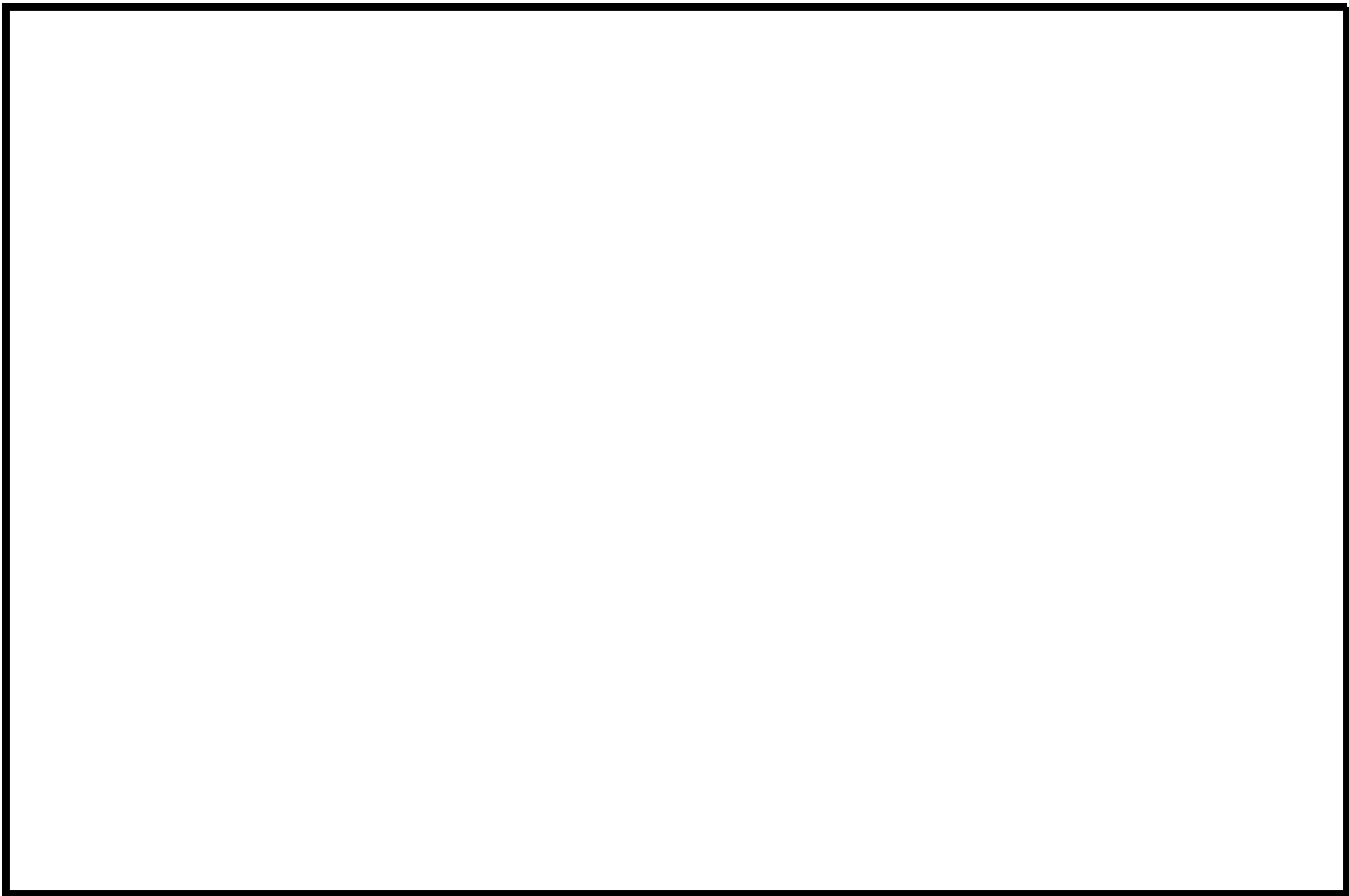
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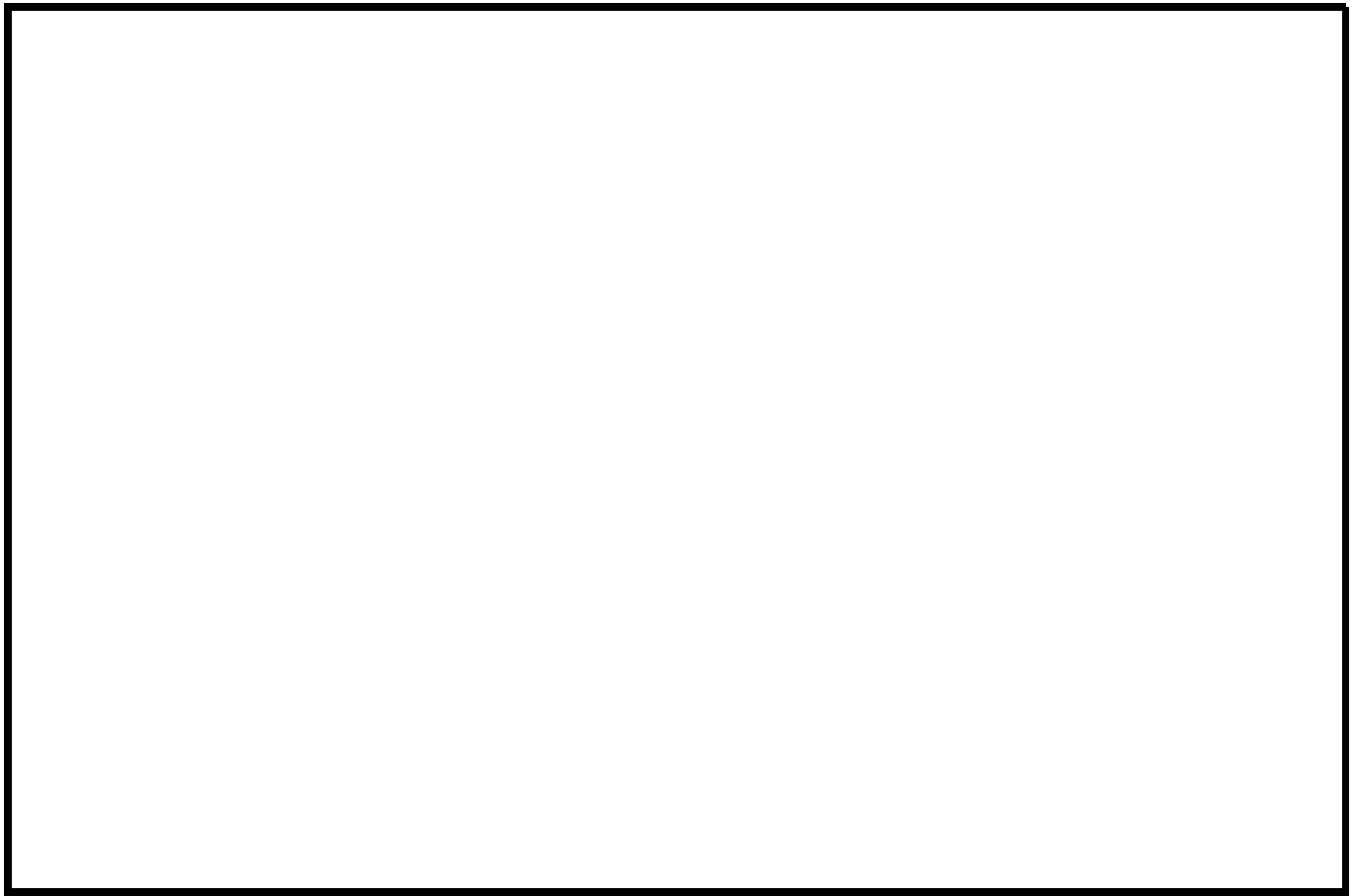
Advocacy: Pleading on someone else's behalf.

A series of ten horizontal teal lines for writing, located below the definition of advocacy.



Encouragement: Giving someone courage and confidence.

A series of ten horizontal teal lines for writing.



Sacrifice: Giving up something that's important to you for someone else.

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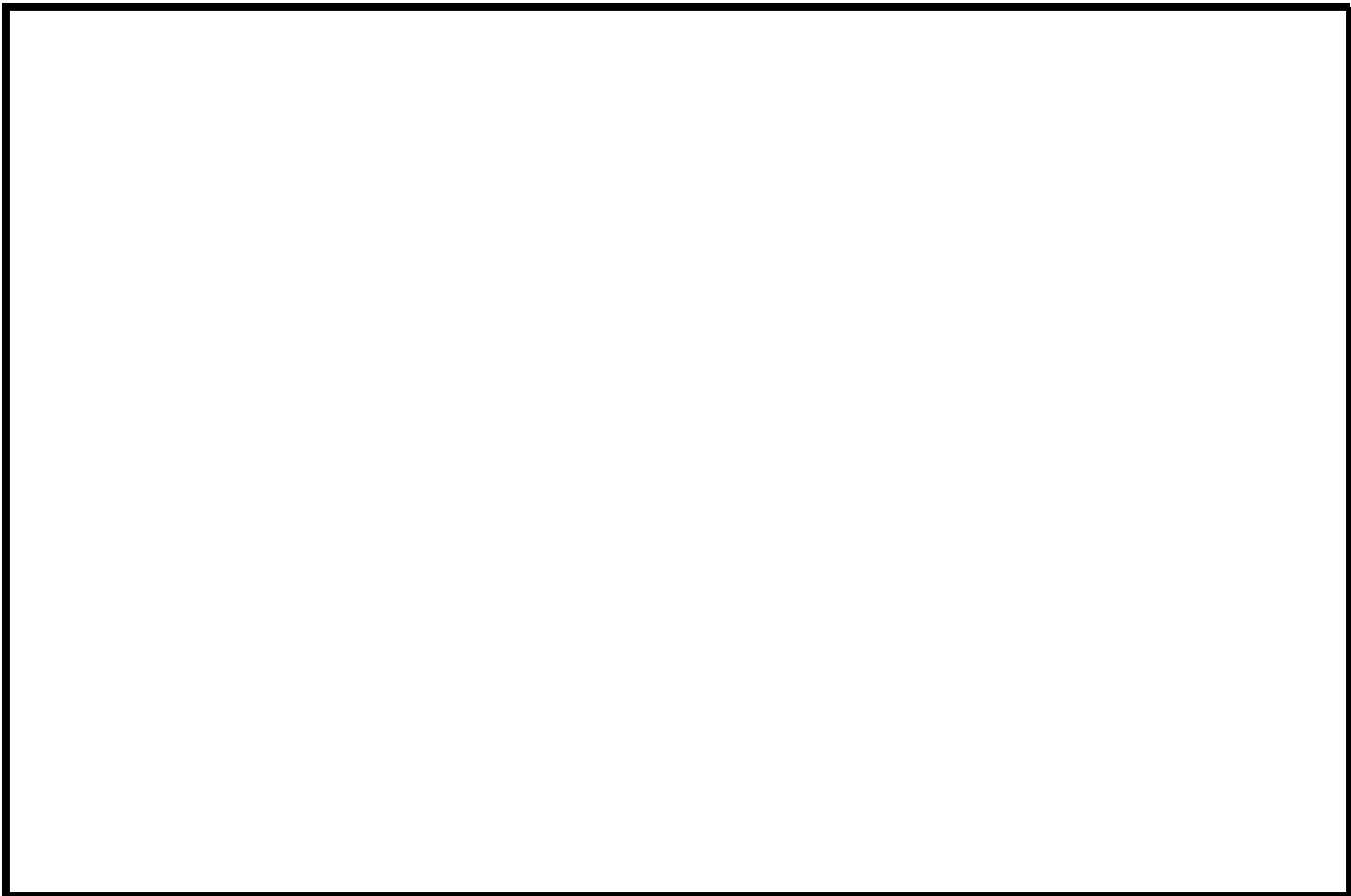
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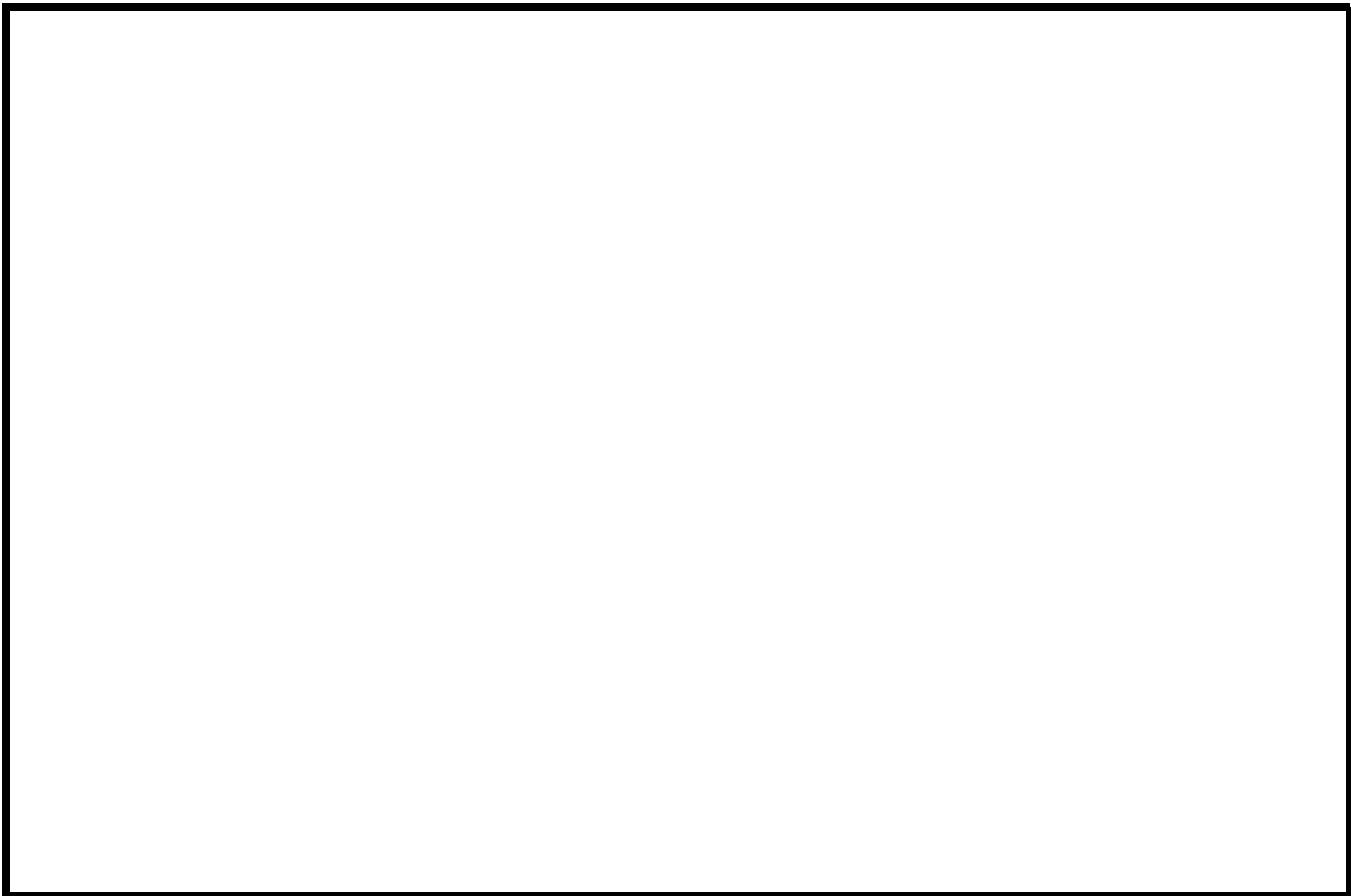
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Joy: A feeling of great delight.

Handwriting practice lines consisting of ten horizontal teal lines.



Listening: Showing respect with your ears.

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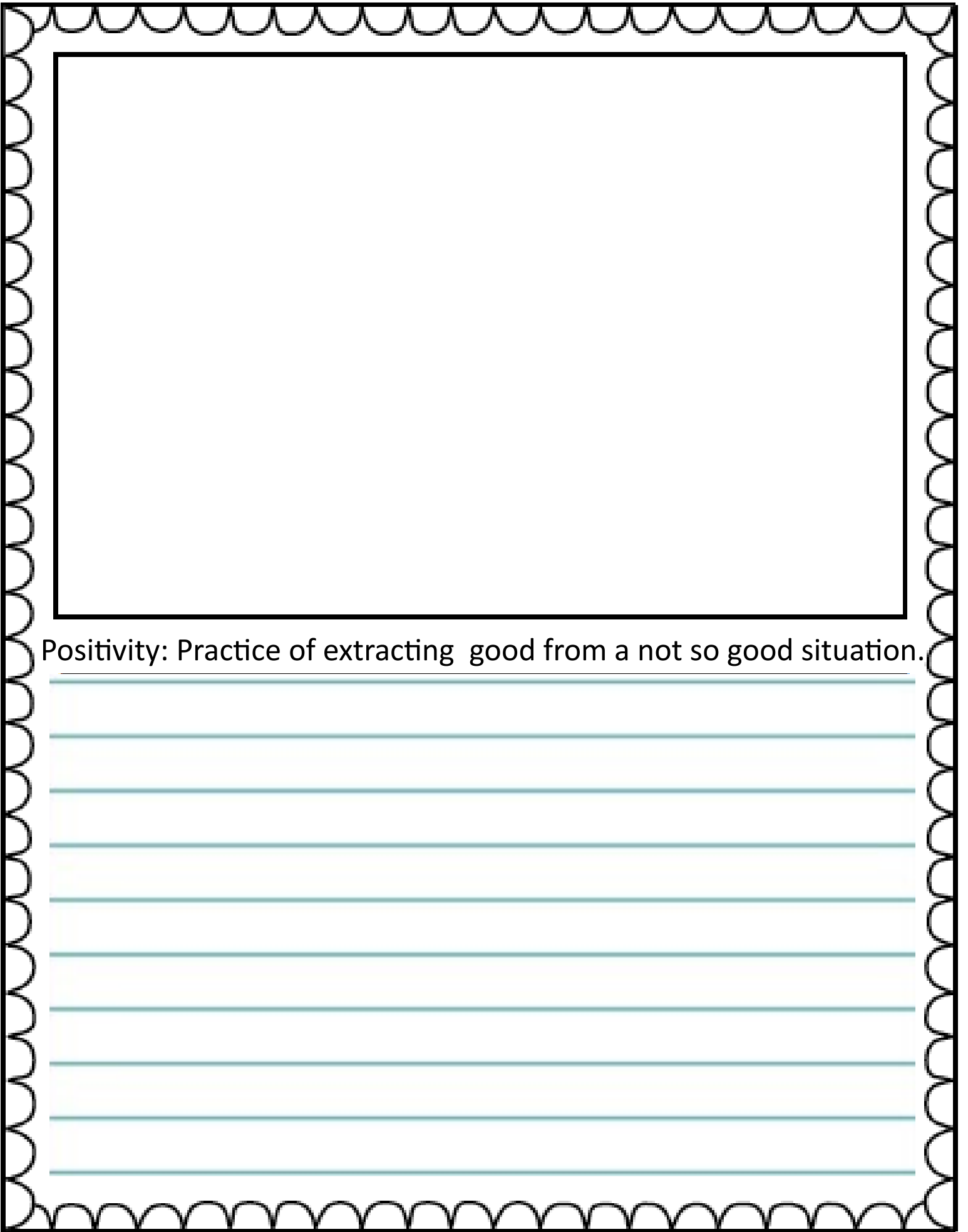
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Positivity: Practice of extracting good from a not so good situation.

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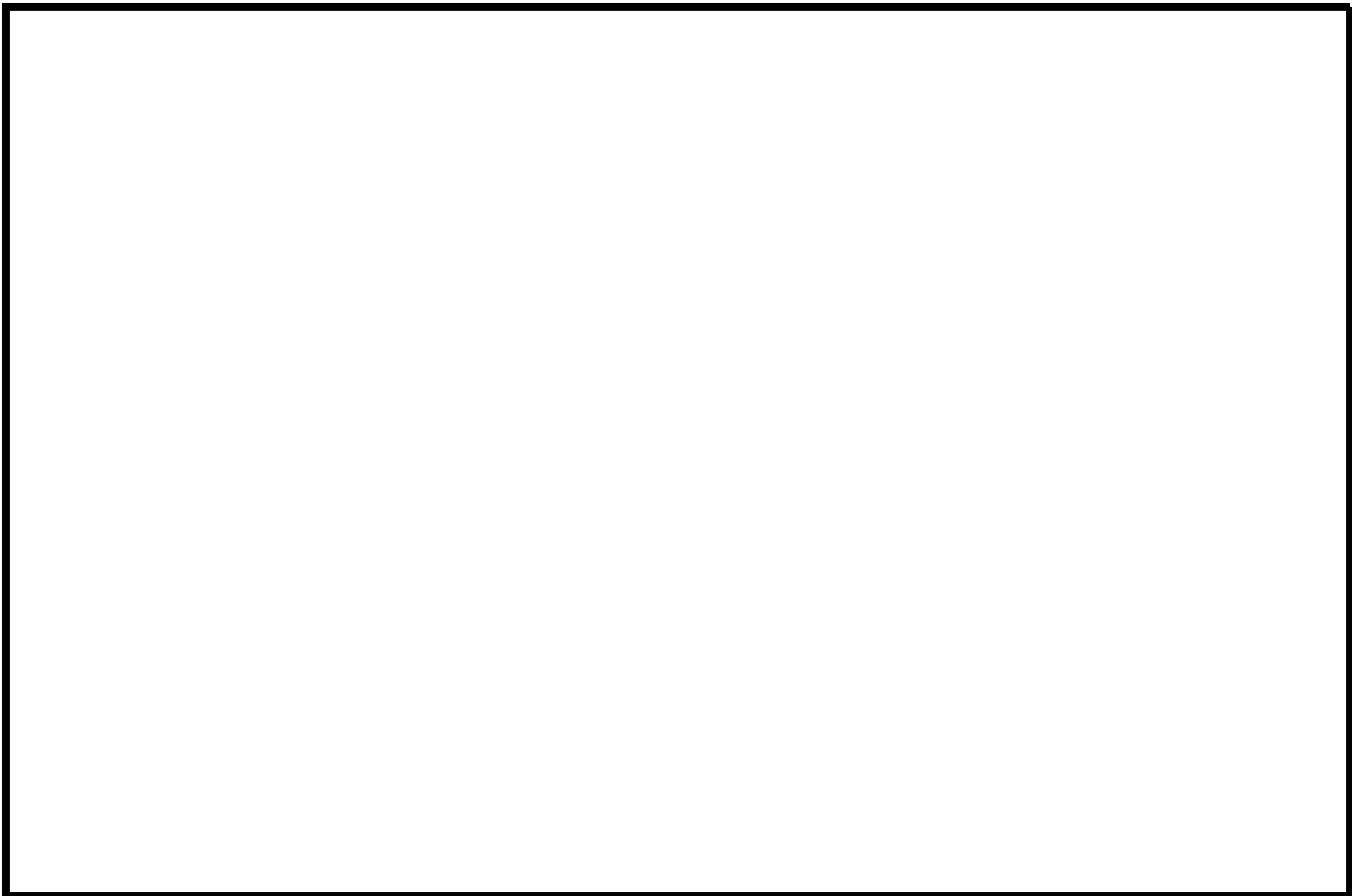
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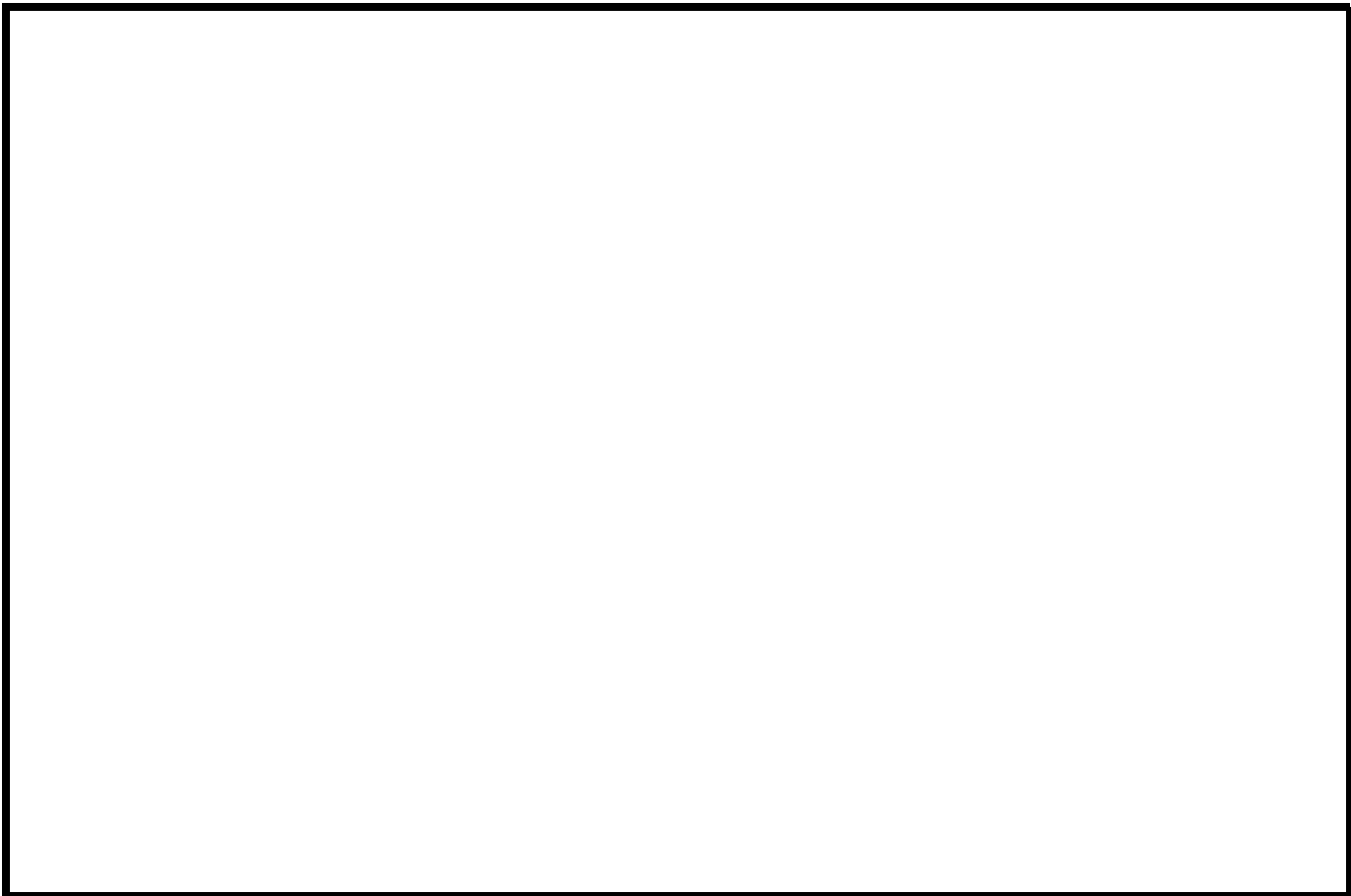
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Reverence: Treating someone with profound respect.

A series of ten horizontal blue lines for writing, located below the definition of reverence.



Creativity: Taking a new thing and looking at it in a new way.

A series of ten horizontal teal lines for writing, located below the definition of creativity.





Honesty: Not telling lies.

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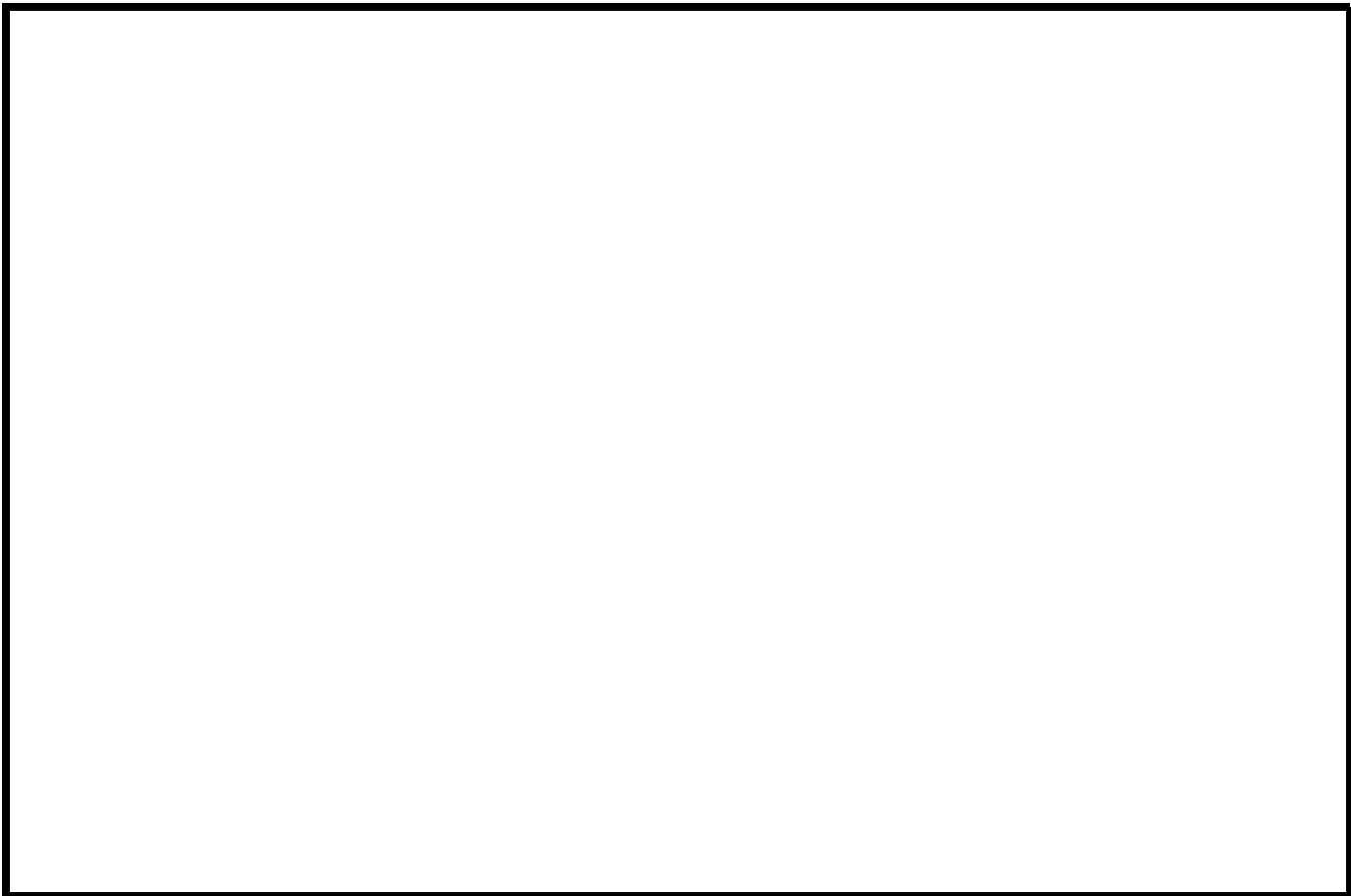
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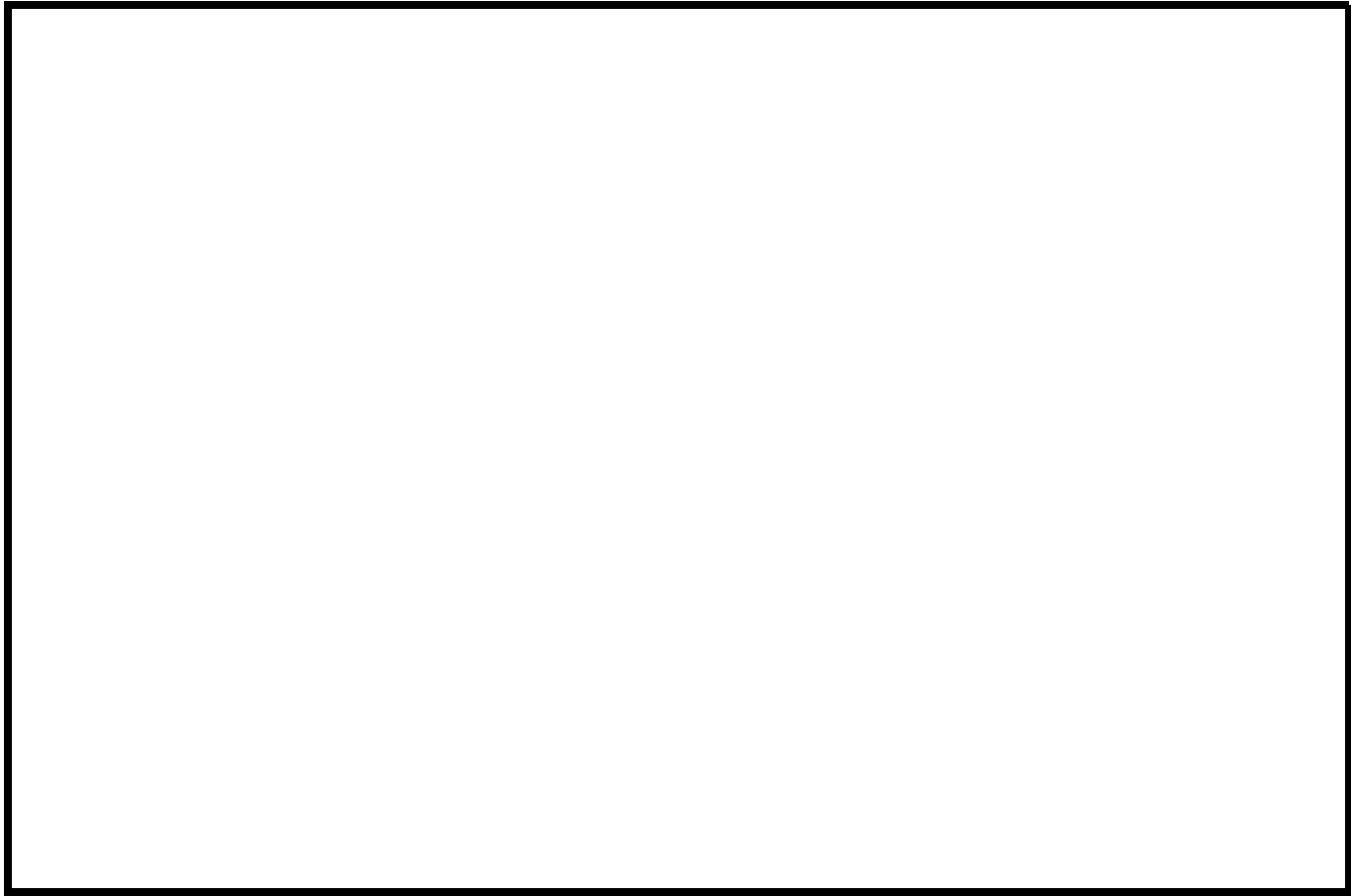
Friendship: Lasting affection and trust between two people.

A series of ten horizontal blue lines for writing.



Perseverance: To keep trying even when there's repeated obstacles.

Handwriting practice lines consisting of ten horizontal teal lines.



Enthusiasm: Joy that fills you with energy to do something.

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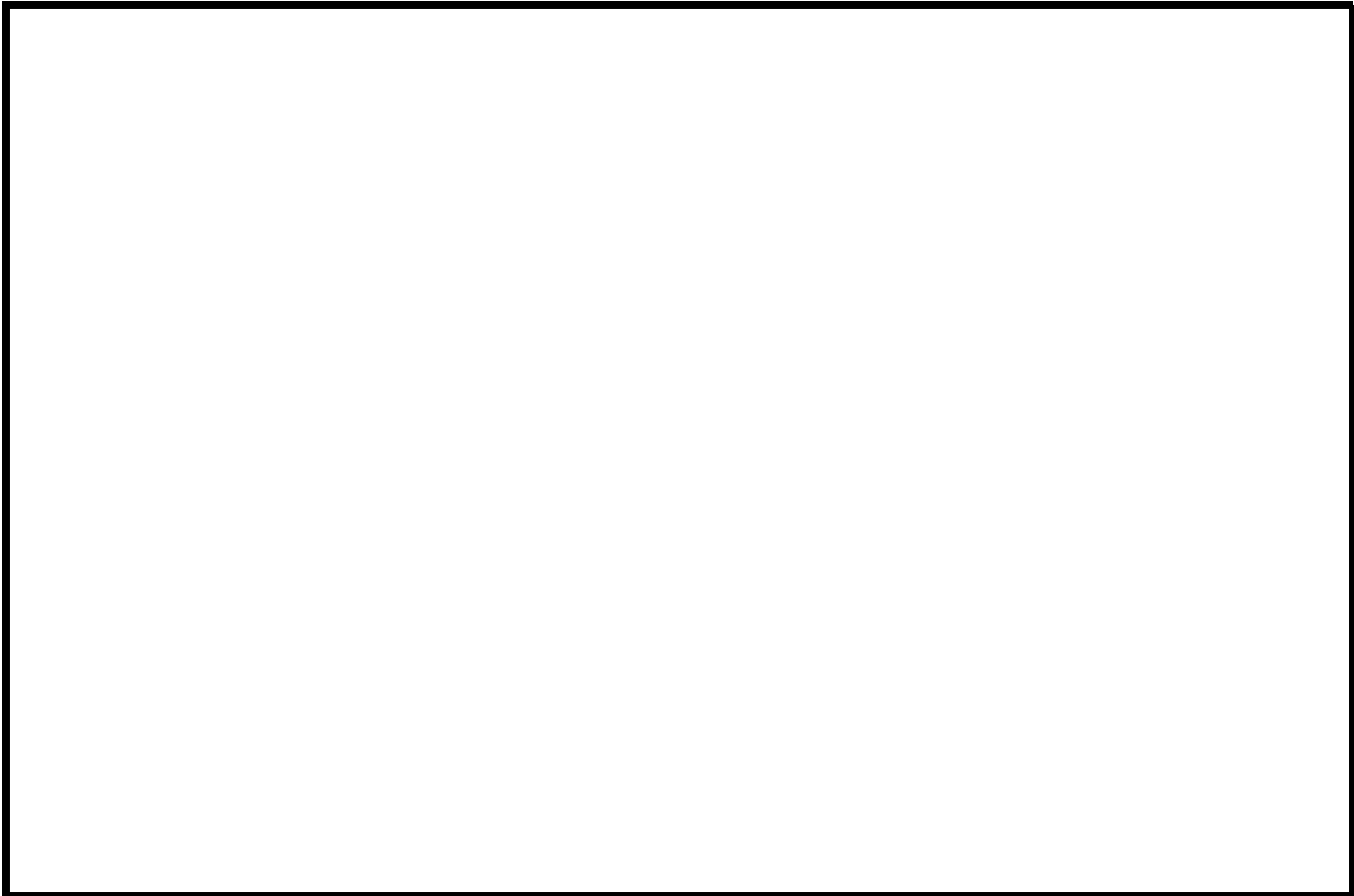
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Justice: Principle that people receive what they deserve.

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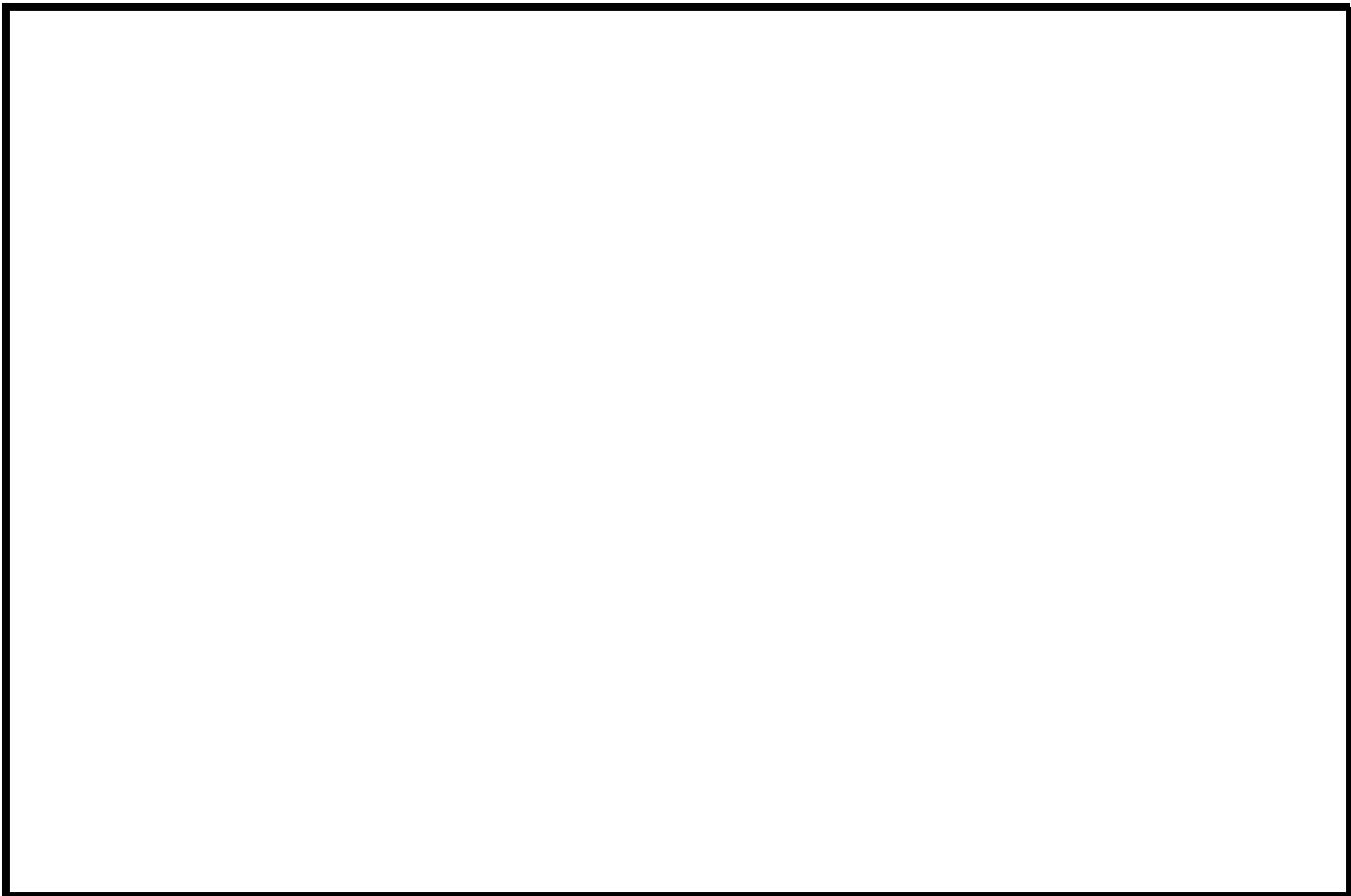
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Self-Improvement: Improving yourself.

A series of ten horizontal teal lines for writing, positioned below the text. The lines are evenly spaced and extend across the width of the page.







Redemption: A second chance.

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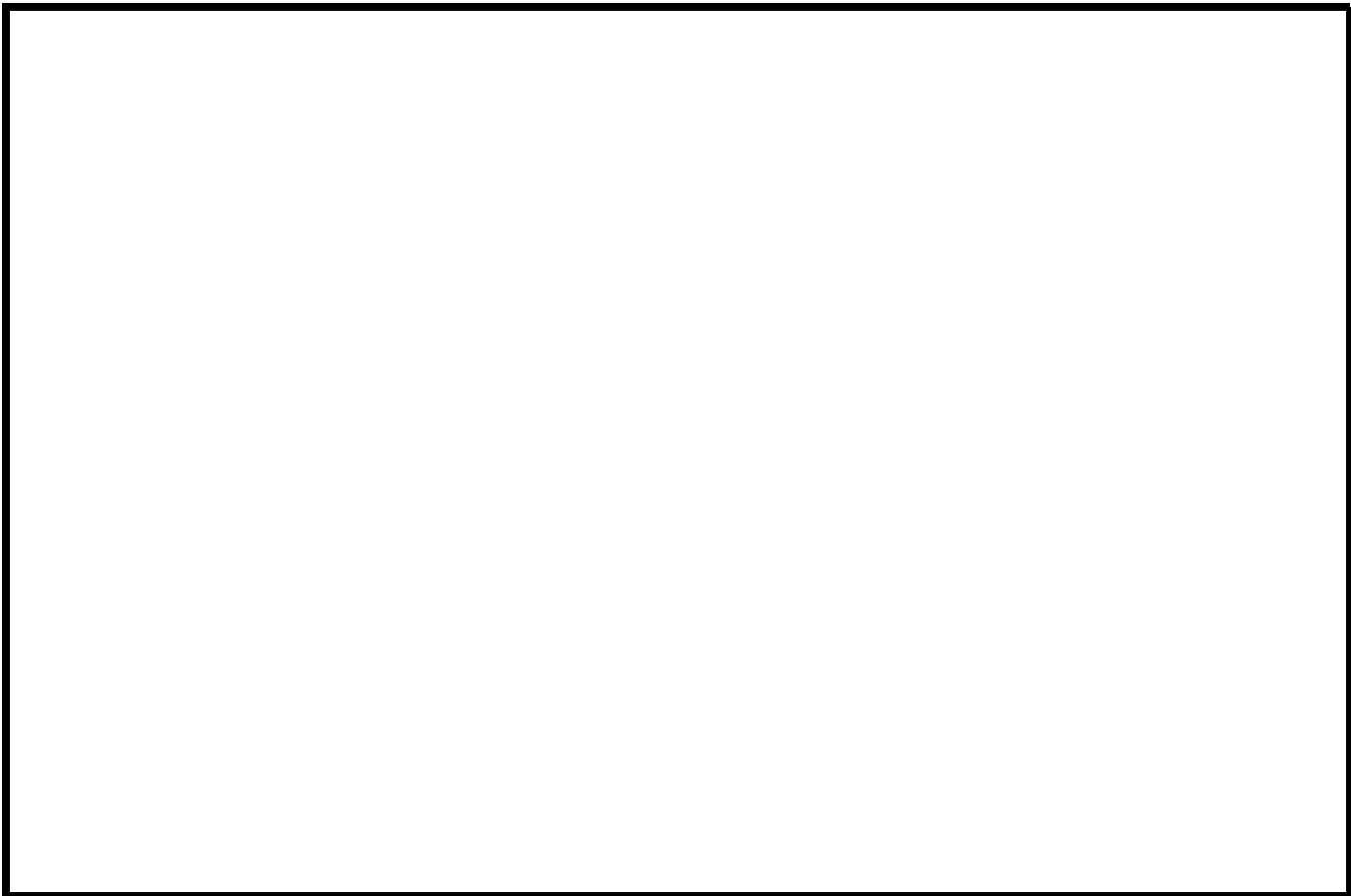
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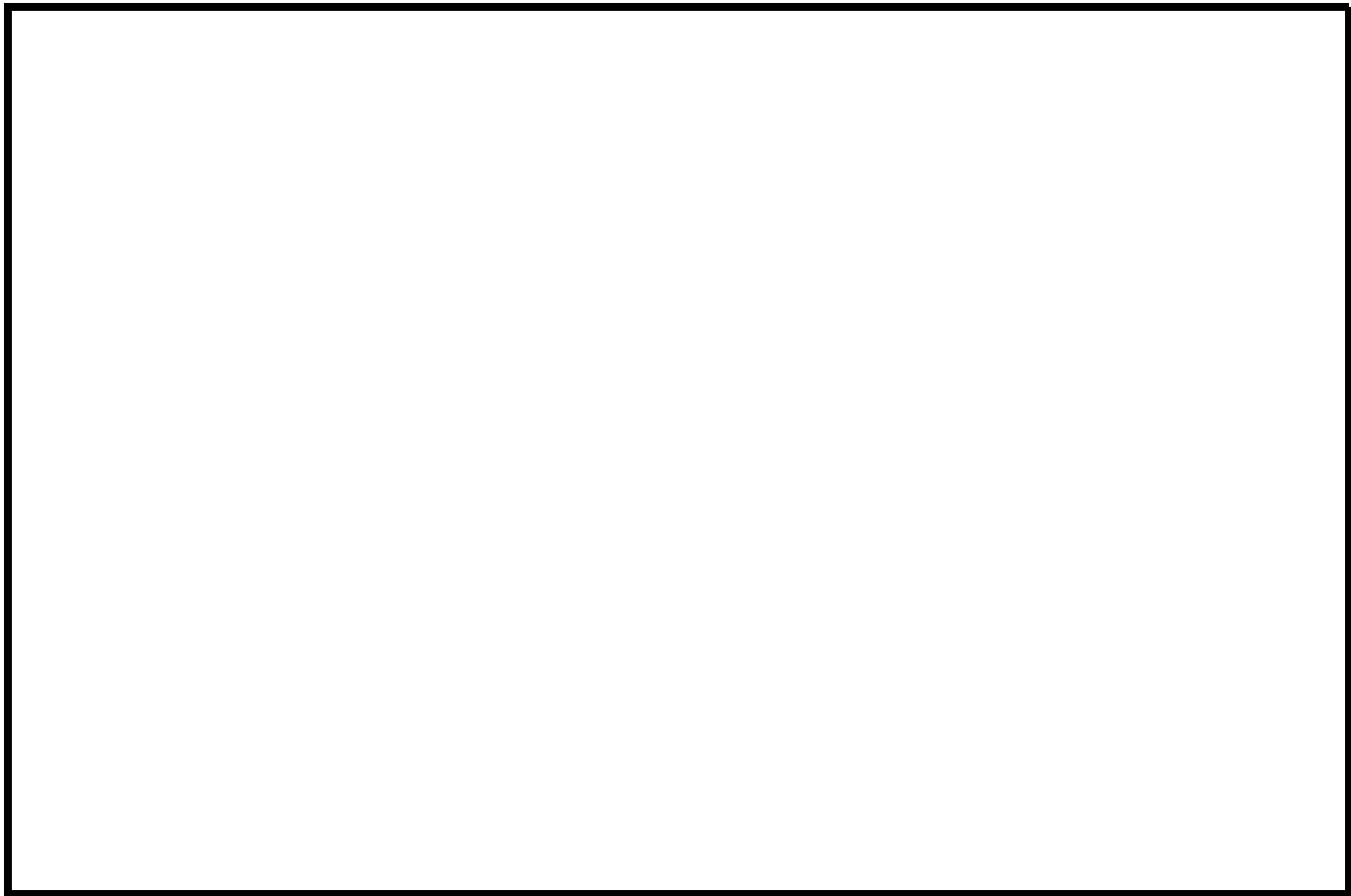
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Compassion: To feel sympathy for someone who is sad.

Handwriting practice lines consisting of ten horizontal teal lines, providing space for writing.



Fortitude: To have or feel strength.

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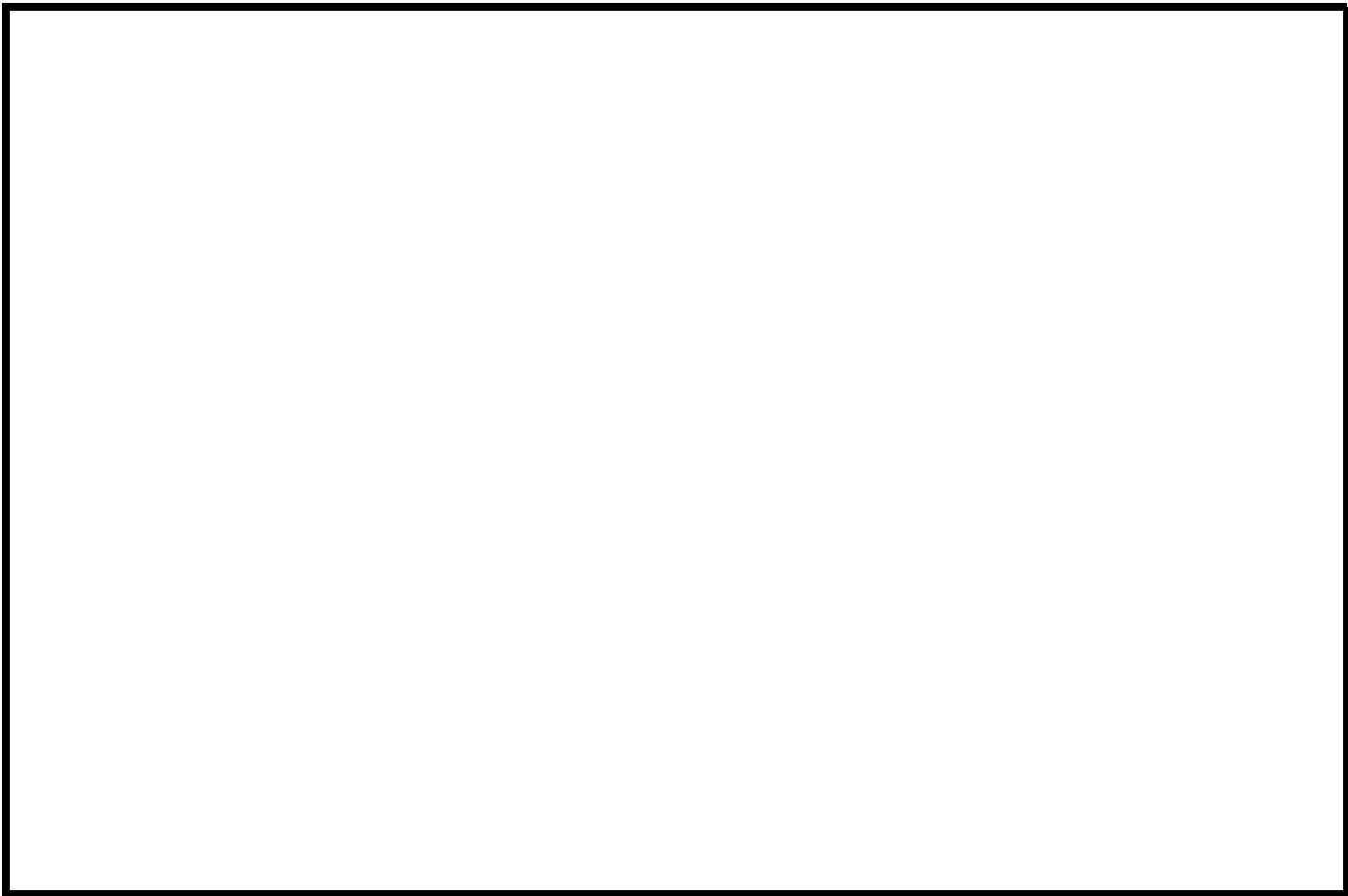
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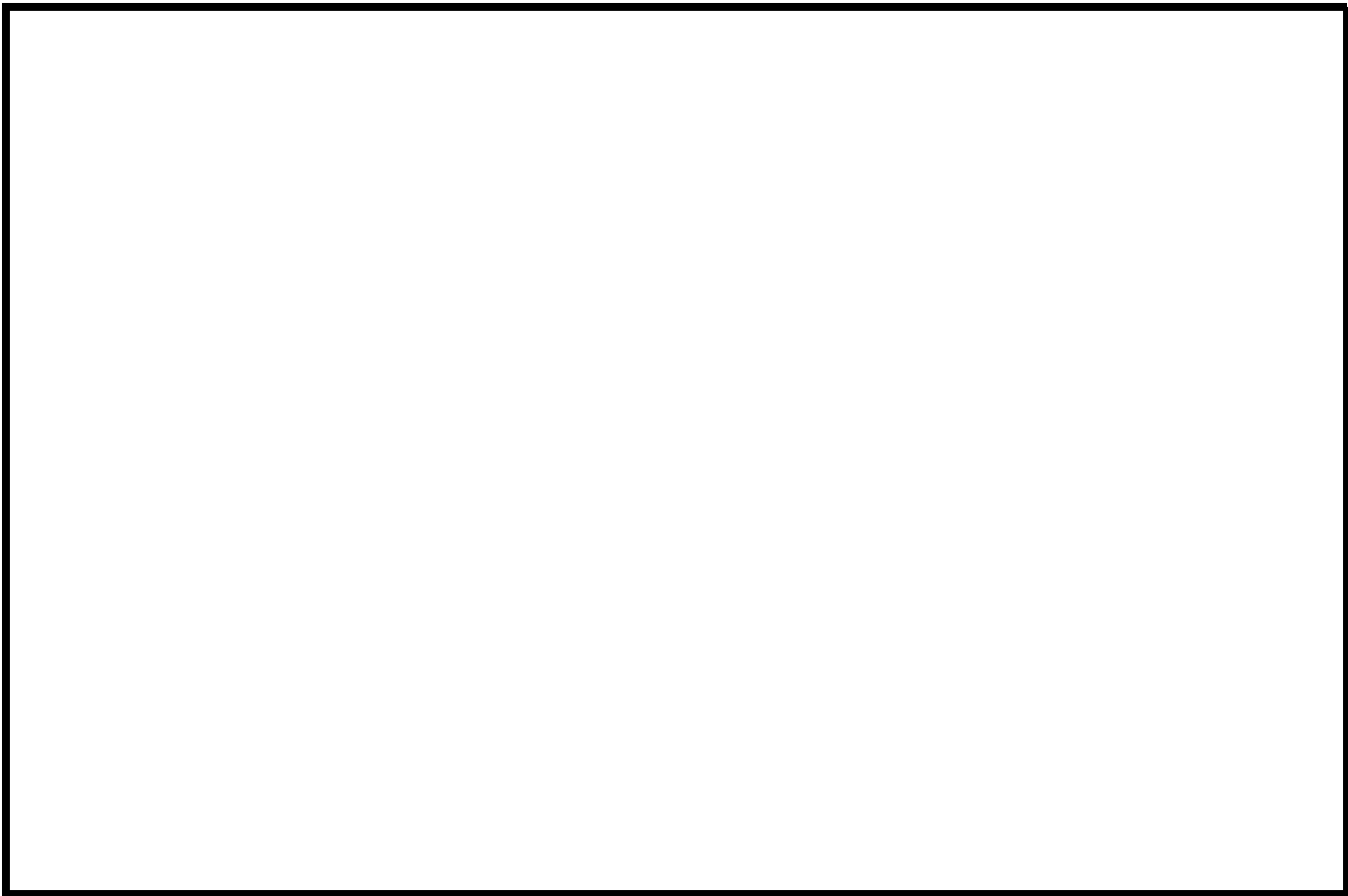
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Service: The act of healing for no pay at all.

Handwriting practice lines consisting of ten horizontal teal lines, providing space for the student to write a sentence or paragraph.



How to be Optimistic: To look on the better or brighter side of things.

Handwriting practice lines consisting of ten horizontal teal lines, providing space for writing.



How to find Empathy: Experience the thoughts or feelings of someone else.

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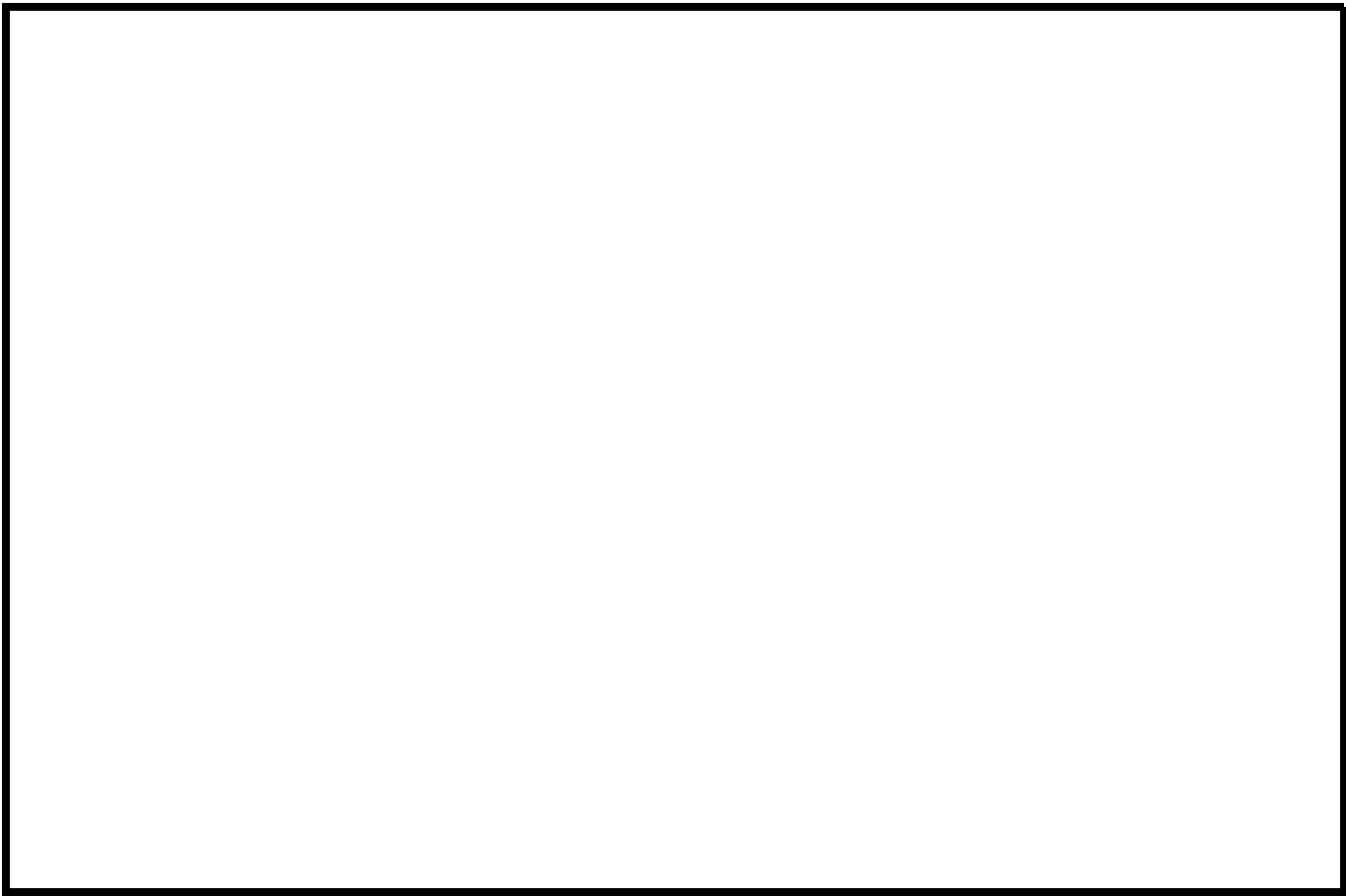
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How to find Courage: Being able to take up something completely new.

Handwriting practice lines consisting of ten horizontal teal lines.

KINDNESS IS OUR  
SUPER POWER

